Lake Mills Graphic Graphic

Vol. 150, No. 36 LAKE MILLS, IOWA 50450 WEDNESDAY, SEPTEMBER 7, 2022



Area briefs

FFA barbeque kick off

The Lake Mills FFA Alumni Chapter welcomes all students and parents to a barbeque supper to kick off the new year, Sunday, Sept. 11, at 5 p.m. in Oakwood Park.

Meet new ag teacher and FFA advisor, Maddy Dohlman. Learn about college scholarship opportunities available to FFA members. Hear about new opportunities for FFA projects. Meet members of the Alumni chapter and find out what they can do for you.

RSVP by Friday, Sept. 9, to mdohlman@lake-mills. org. Please indicate the number of people attending and meal choice (steak or pork chop).

Questions? Contact Eric Nelson at 641-590-4963 or Mary Nell Fullerton at 641-420-2253

THURSDAY

FRIDAY

SATURDAY

85° 62°

80° 57°

■ Weather

Sunny

Mostly Cloudy

Showers, 60%	65°	50°
SUNDAY AM Showers, 30%	66°	47°
MONDAY Partly Cloudy	69°	48°
TUESDAY Mostly Sunny	73°	50°
WEDNESDAY		5/10

Official temperatures and precipitation as recorded by the Lake Mills Power Plant are as follows:

Date	Hi	Low	Prec.	
Aug. 30	75°	52°	_	
Aug. 31	82°	59°	_	
Sept. 1	82°	59°	_	
Sept. 2	84°	61°	_	
Sept. 3	73°	55°	_	
Sept. 4	73°	54°	_	
Sept. 5	73°	53°	_	

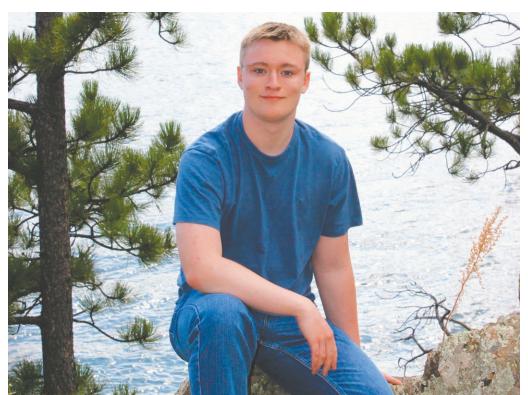
■ Markets

Prices reported as of Tuesday. Prices subject to change.

Five Star	2021	2022
Corn	\$ 5.63	\$ 7.47
Soybeans	\$12.63	\$13.47
Gavilon	2021	2022
Corn	\$ 5.59	\$ 7.07
Sovbeans	\$12 54	\$13.49

■ Inside

11151de
DITORIAL2
COMMUNITY 3, 4
BITS/RELIGION 5
HEALTH NEWS6
EGALS/CLASSIFIEDS7
SPORTS 8



Casperson awarded with Academic Honors from College Board National Recognition programs

Chet Casperson, a Lake Mills High School student, has earned academic honors from the College Board National Recognition Programs. These National Recognition Programs grant underrepresented students with academic honors that can be included on college and scholarship applications and connect students with universities across the country, helping them meaningfully connect to colleges and stand out during the admissions process. Colleges and scholarship programs identify students awarded National African American, Hispanic, Indigenous and/or Rural/Small Town Recognition through College Board's Student Search Service.

Chet Casperson is currently a senior at

"We're thrilled that Chet has earned this recognition. We are very proud of him for his achievements in the classrooms and on College Board assessments," said Rachel Rognes, LMCS School Counselor. "These programs help students from underrepresented backgrounds stand out to colleges during admis-

Students who may be eligible have a GPA of 3.5 or higher and have excelled on the PSAT/NMSQT or PSAT 10, or earned a score of three or higher on two or more AP Exams; and are African American or Black, Hispanic American or Latinx, Indigenous, and/or attend school in a rural area or small town.

Eligible students are invited to apply during their sophomore or junior year and will be awarded at the beginning of the next school year. Students will receive their awards in time to include them on their college and scholarship applications.

We want to honor the hard work of these students through the College Board National Recognition Programs. This program creates a way for colleges and scholarship programs to connect directly with underrepresented students who they are hoping to reach," said Tarlin Ray, College Board senior vice president of BigFuture. "We hope the award winners and their families celebrate this prestigious honor and it helps them plan for their big future."



All State Park Tour Coming to Forest City and Lake Mills

Jump in your favorite car, fire up the engine, roll down the windows, turn up the radio, and put on your biggest smile. It is time to hit the road to show your support for state parks in Iowa.

The crew for Anna Rea the 1930 Ford Model A encourages everybody to drive along for the visit to Pilot Knob State Park and Rice Lake State Park, **Tuesday Sept. 13.** While the tour is emphasizing vintage or classic cars, participants can join the fun in any vehicle of their choice.

People wanting to tour Pilot Knob State Park can join at the Winnebago County Courthouse, 126 S. Clark St., Forest City, at 9:30 a.m. The tour will depart Forest City in time to arrive at Pilot Knob State Park by 10 a.m. They will do a windshield tour of the park and listen to a short presentation by park staff. Upon leaving Pilot Knob State Park, the tour will proceed to Rice Lake State Park. People interested in joining the tour for Rice Lake State Park can do so by being at the Casey's General Store, 101 N. Lake St., Lake Mills, by 1:30 p.m. The tour will depart Lake Mills in time to arrive at Rice Lake by 2 p.m. The tour will continue Wednesday, Sept. 14, to Crystal Lake Park and Eagle Lake State Park (see

website for details). Crew members are Kevin Szcodronski, Ankeny, and Ann Raisch, Eldora. They will be leading the tour in an original 1930 Ford Model A, affectionately named "Anna Rea" to

visit all 94 state parks in Iowa.

The purposes of the tour are to show support for state parks in Iowa, recognize the contributions that state parks provide to our quality of life, celebrate Iowa State Parks Centennial, and enjoy traveling along Iowa's most scenic roadways at a leisurely pace. They challenge you to drive at Anna Rea's cruising speed of 40 mph. This trip is also about the most fun you can have and never leave Iowa. You will visit Iowa's most beautiful areas and meet some of our best people. Take this challenge to get a glimpse of wildlife in road ditches, have more time to enjoy barn art, wave at oncoming drivers, and beep your horn at the people along the route greeting us. There will be a lot of smiling, and hopefully put smiles on the faces of others as we travel along the way.

People can participate in the tour for as many visits to state parks as they desire. Be warned though. Once you start, you may not want to stop. There is no fee, however please contact Kevin at least a week in advance to help better plan the tour.

Five tour loops with 68 state park stops have been accomplished. Plans are underway for the final 26 park visits. More information about the tour can be found on the website: www.annareamodela.com and you can email Kevin Szcodronski by at skidia3@outlook. com or phone 515-240-7668.

So grab your keys and come along to see the best of Iowa. Anna Rea says, "AHOOOOGA."

Pastor Decker returns to North Iowa

BY BONNIE KAY BALDWIN LAKE MILLS GRAPHIC

Pastor Mark Decker has recently moved back to this area, after spending 10-1/2 years as a pastor in Hudson, (south of Cedar Falls). Prior to his call to Hudson, he was at Bethany Lutheran Church, Thompson.

Decker was installed, July 17, as a new 3/4-time pastor for Sion Lutheran Church, rural Lake Mills. Sion is a part of the LCMC (Lutheran Congreagations in Mission for Christ).

"I saw the opening for a pastor at Sion, and I knew quite a few people from here, so I decided to come back to the area. Especially, since I wanted to cut back on hours, this call sounded perfect for me," said Decker.

Formerly from Chino, Calif., a 1972 graduate of Chino High School, he enrolled at California Lutheran College, Thousand Oaks, Calif.

"After college, I went to law school in Los Angeles, Calif., attending Southwestern University. I think, by the time I finished law school, I knew I wasn't going to be a lawyer."

Decker finished law school and passed the bar exam. While he was studying for the bar exam, he took a part-time job at a nearby golf course, and was eventually hired as the golf pro-teaching lessons and golfing nearly every day. He stayed for about

People kept telling him, 'You're a lawyer, you know, you passed the bar exam. You should work as a lawyer.'

"So, eventually, I took a job with an insurance company in Los Angeles. We were defending personal injury lawsuits. We were always the one who was at fault. So, most of the time we were dealing with these personal injury lawyers that are not always the best examples of honesty. Ironicallly, someone once told me a joke, 'You know . . . it's the 90 percent of lawyers who are dishonest that give the rest of them a bad name.'

As I was working in Los Angeles, I didn't like it at all—I didn't like all the aspects of the job. and I didn't like the fighting."



Decker began to think about becoming a pastor when the church he grew up in was looking for a new pastor and he was serving on the call committee. As they were interviewing candidates, he remembered hearing the prospective pastors talk about their jobs, and how much they were helping people and how much they enjoyed what they were doing. "I also remembered when I spent a

couple summers at a Lutheran Bible Camp, called El Camino Pines. It was located up in the mountains, in Kern County, Calif., and I met pastors from all over who enjoyed their calls. Then I thought, 'here am I, not enjoying my job . . . you know what? I could be a pastor, I could do that. So, I decided to go to seminary when I was 30 years old, and graduated with the Class of 88, at Luther-Northwestern Theological Seminary, St. Paul, Minn. I have not once wished that I was a lawyer.

This new lawyer-turned-pastor's first call was to New York City-Brooklyn, to Holy Redeemer Lutheran Church. Decker said it was a high crime area. The members were mostly African/American, and he considered it a very good first call.

Next, he accepted a call to Austin, Minn. Decker spent almost four years at St. Olaf Lutheran Church as the Youth and Family Pastor.

The next call was to Kingman, Ariz., as an Associate for Youth and Family, spending four years at Grace Lutheran Church.

Then he was called to Bethany Lutheran Church in Thompson. He married Sherrie Hansen in 2004 at Bethany. Altogether, he spent 11-1/2 years there until he realized that the LCMC was a better fit for his beliefs than the ELCA (Evangelical Lutheran Church in America).

He said, "In 2011, God provided a call for me to Hudson, to Zion Lutheran Church.

Decker has two adult children: Erik, (Cristiana), Indianapolis, Ind., and Becky, (Xilam), who have two girls, Imix, eighth grade, Xychitl, fifth grade, St. Paul, Minn.

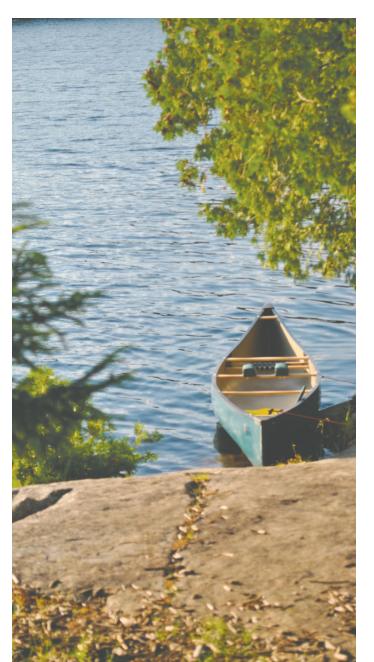
"I like that this call has allowed for me to preach three times a month, with one Sunday off. Every fifth Sunday, we have a question and answer time. It is a joy to have lay people step up and be involved like they do at Sion. They have a great devotion to Bible study here."

Decker and Hansen live three miles from Sion church by Elk Creek wildlife area, on five acres of land.

In his spare time, he enjoys playing golf, and fixing up old bicyles to sell and give away. His dad owned a bicycle repair shop when he was grow-

Hansen operated the Blue Belle Inn Bed and Breakfast, St. Ansgar, for 31 years, and has worked as an author. She has just published her 16th book. Most involve mystery with some romance. She is looking forward to doing more writing, after unpacking and getting settled in. She grew up on a farm south of Austin, Minn., so she has family nearby.

"I enjoy being back in this area, and renewing friendships," Decker expressed. "I have served a variety of churches and just enjoyed being a pastor, and still do."



Fall Canoe Float scheduled, Sept. 25

If you're looking for a fun and relaxing way to enjoy the start of fall, the Winnebago County Conservation Board has just the activity for you. On Sunday afternoon, Sept. 25, the Conservation Board will be sponsoring a Fall Canoe Float at Thorpe Park. Whether you are a novice canoer, or an experienced paddler, the float will be a wonderful way to enjoy a beautiful fall afternoon.

On that day, from 3-5 p.m., people will be able to borrow the Conservation Board's canoes, paddles, and life jackets free of charge to enjoy a leisurely paddle around Lake Catherine. The event will take place at the lake's boat ramp/fishing dock and instruction will also be available for those people whose canoeing skills may be a little rusty. In addition, there will be handouts and other information about the Winnebago River Water Trail, as well as about fishing in Iowa.

There is no need to preregister for the Fall Canoe Float; people only need to show up at the boat ramp any time between 3-5 p.m.

In case of inclement weather, the float will need to be canceled and that information will be on the WCCB Facebook page (www.facebook.com/WinnebagoCCB) and the WCCB's Twitter feed (@WinnebagoCCB).

For more information about the event, people can contact Winnebago County Naturalist Lisa Ralls at 641-565-3390 or at lralls@winnebagoccb.com.

Q&A: 99 County Meetings With U.S. Senator Chuck Grassley

Q: What's on the minds of Iowans at your 99 county

A: In August, I completed my annual 99 county

meetings for the 42nd consecutive year across the

state. When Iowans first elected me to the U.S.

Senate, I started this annual tradition and have

kept it every year since. I hold an hour-long Q&A

with Iowans face-to-face to hear their ideas and

a cross-section of people. From local hospitals,

schools, civic clubs, businesses, and factories, I un-

derstand people can't always take time off work

to attend a town meeting. In addition, touring

manufacturing facilities gives me the opportunity

to learn about the innovation and productivity

here in Iowa, and after a tour of the business, em-

ployers often shut down the line to allow work-

ers to ask questions. Across Iowa, the number

one concern from river to river was the high cost

of living and 40-year high inflation. Rural Iowans

were especially hard hit by the soaring price of

gas as so many people drive 30- to 40- miles one

way to school or work. Farmers and truckers are

feeling the pinch to pay \$5/gallon for diesel. The

high energy prices account for the lion's share of

high food prices at the grocery store. High energy

costs make it more expensive to put crops in the

ground, harvest, process, and ship products to the

consumer. I was impressed by the resilience of our

small businesses to survive the economy shutting

down during the pandemic and claw back from

supply chain disruptions and labor shortages.

In Northwood, I was able to hear from LR Falk

Construction, a business that specializes in custom

crushing and delivery of limestone products for

construction and farm applications. We discussed

the benefits of the infrastructure bill I supported

that will strengthen Iowa's economy and quality

of life for generations to come. In January, I started

out the year meeting with workers at Shell Rock

Soy Processing in Butler County and wrapped up

my 99th county meeting in August with a town

meeting in Bedford, in Taylor County. For the rest

of the year, I'll continue meeting with Iowans to

have dialogue. Representative government is a

two-way street and my county meetings are one

way I like to keep in touch, eyeball to eyeball, with

CARTOON CORNER THIS WEEK'S PLANNED LAUNCH TO THE MOON listen to their concerns. Iowans set the agenda and I go to various places in the community to reach





Lake Mills Graphic 🕡 Sherylee Gasper-Publisher

204 North Mill St., Lake Mills, Iowa 50450 Phone 641-592-4222 • FAX 641-592-6397 • E-Mail: graphic@wctatel.net •

Subscription Rates

1 Year Iowa/Minnesota 1 Year Outside of Iowa/Minnesota......\$4500 All subscriptions are non-refundable

Editor Sherylee Gasper Office Manager/Reporter..... Bonnie Kay Baldwin Staff Marissa Gasper Staff Tyler Cardarella-Gasper Sales......Loretta Krahling

The Lake Mills Graphic (USPS 302-440) is published weekly by the Lake Mills Graphic 204 N. Mill St., Lake Mills, Iowa 50450. Periodicals postage paid at Lake Mills, Iowa POSTMASTER: Send address changes to Lake Mills Graphic, P.O. Box 127, Lake Mills

WINNEBAGO A Proud Member of Lake Mills and

the North Iowa Community

Winnebago Lake Mills Production 806 North Lake Street • Lake Mills, IA 50450

Drive Test by Appointment

Mon.-Fri., 10 a.m.-6 p.m.

Sat., 10 a.m.-2 p.m.

City Council Reg. Mtg. School Board Reg. Mtg. Library Board Mtg. Ambulance Board Mtg American Legion American Legion Breakfast Senior Citizens Mtg. Lions Club Fire Department Mtg. Literary Club LM Garden Club LM Area Historical Society AA and Al-Anon Congregate Meals **Drivers License**

Library Hours Joice Library Hours

Tues. 9 a.m.-Noon, 1-6 p.m. Wed.-Thurs., 1-6 p.m. Fri. 2-5 p.m., Sat. 9 a.m.-Noon 2nd Thursday, 7 p.m. Board Meeting Fitness Center Hours 6 a.m.-7 p.m. Winn. Food Bank Sign-up Every Monday, 11 a.m.-1 p.m. Salem Resource Rm.

Third Monday, 7 p.m. City Hall Second Monday, 5:30 p.m. Lake Mills School 1st Wednesday, 4:30 p.m. Library 3rd Wednesday, 6:30 p.m. Ambulance Shed 2nd Monday Lower Level of Civic Center 2nd Sunday Civic Center 2nd Tuesday of the month Civic Center 1st and 3rd Tuesday Asbury Meth. Church 1st and 3rd Wednesday, 7 p.m. Fire Hall 4th Wednesday Hostesses 4th Monday, 7 p.m. Hostesses 2nd Monday, 5 p.m. 1901 Victorian House Wednesday, 7 p.m. Sr. Cit. Ctr., Emmons Monday-Friday Civic Center Mon.-Fri., 8 a.m.-4 p.m. FC Courthouse No Written Test after 3:30 p.m.

Treasurer's office Lake Mills Library

Joice Library

Joice Library

Fleetguard Fitness Ctr.

Here's the inescapable reality about the reacnot others.

some of us with special programs and policies,

Q: What other issues are you hearing about from

A: As a lifelong family farmer and a member of the Senate Agriculture Committee, I'm looking ahead to the new five-year Farm Bill that will be written next year. I've been gathering feedback from producers across the state to help inform my work on behalf of the 87,000 farm families who have a direct stake in the next farm bill, from conservation, to crop insurance, rural development, supports for beginning farmers and protecting the family farm from foreign acquisition. For nearly 90 years, the farm bill supports productivity and ensures U.S. food security to provide an affordable, high-quality food supply to feed America. Many people aren't aware that roughly 80 percent of the spending in the farm bill pays for nutrition programs to help lower-income Americans. In August, I visited Capital City Fruit in Norwalk. This family business started as a fruit stand and has grown into a packing, warehousing and distribution operation for fresh produce from farm to table. The company participated in the USDA food box program during the pandemic and donates thousands of pounds of food every year to help reduce food insecurity in the community. Recently, I've held a series of meetings with Iowa farmers, livestock producers and biofuel producers so that I can gauge their priorities for the new Farm Bill. At the negotiating table, I'll fight for reasonable farm payment limits to protect the taxpayer and integrity of the farm safety net. I often remind my colleagues in Congress that food doesn't grow in the grocery store. I'll also work to strengthen agriculture research to ensure farmers in the 21st century have the resiliency, innovation and expertise to produce food, fuel and fiber in a sustainable way. Farmers are stewards of the land, serving as temporary caretakers of the soil and water. From one year to the next, the family farmer has a vested interest to protect the environment and a covenant with posterity to leave it even better for the next generation. As one of only two crop farmers in the U.S. Senate, I'm proud to champion Rural America and fight for the two percent of Americans who produce the food that feeds 98 percent of the pop-

We all don't benefit equally from government aid—it's not just student loans

BY RANDY EVANS IOWA CAPITAL DISPATCH

President Joe Biden's decision to cancel up to \$10,000 in federal student loans for many borrowers is fair game for vigorous debate—and dis-

Americans have been debating and disagreeing for 246 years. What jumps out in this latest dispute is how some politicians are blind to the inconsistencies in their arguments against this economic shot in the arm when, through the years, they have supported other government incentives to various groups.

To hear the comments of Iowans in Washington, you might think they have long been strong advocates for government butting out of the personal financial decisions Americans make. But you would be wrong.

Rep. Ashley Hinson of Marion said waiving repayment of \$10,000 of federal student loans would be a "handout to the wealthy and a total slap in the face" of people who did not go to college or who already repaid their loans.

Sen. Joni Ernst of Red Oak asked why Iowans who go straight from high school into the workforce or pay for their own education should foot the bill for other people having \$10,000 of their student loans forgiven. She said Biden is "passing the buck to hardworking Americans."

One flaw in such thinking is that the beneficiaries will be ordinary Iowans who are neither wealthy nor elites. They will be nurses, teachers, bookkeepers, cops, farmers and store managers who graduated from Iowa colleges and universities and then went out and found jobs—in some cases, jobs employers have struggled to fill.

Yes, these graduates will personally benefit from a smaller debt. The typical Iowa college loan borrower owes about \$30,000.

But the rest of us without college debt will benefit, too. The money borrowers would have used for interest and principal on their loans will be used, instead, to buy goods and services at retailers and restaurants—all things that will create more jobs and more demand for the products and services that keep Iowa's economy ticking.

The Biden directive applies to student borrowers who earn less than \$125,000 per year or couples whose annual income is not more than \$250,000. Students from low-income families would be eligible to have an additional \$10,000 forgiven.

Those six-figure income ceilings have been criticized, and rightfully so, as too high-especially when the average household income in Iowa is about \$60,000. "It's bad policy, as well as bad politics," national Democratic strategist Paul Begala said on CNN.

tion: Republican critics who think debt cancellation or six-figure income ceilings are unfair have voiced nary a peep of opposition in the past when there are proposals that benefit certain groups but

Like it or not, government has long favored

while the rest of us have to fend for ourselves. In the last half of the 1800s, the government encouraged settlers to move West by giving them up to 160 acres if they lived on the land and farmed it even though millions of other people wanted land but were left out of the dirt-cheap deal.

During the Great Depression, about three million unemployed men were hired to work in the Civilian Conservation Corps—although there were not nearly enough jobs to satisfy the demand.

More recently, two federal government programs have been immensely popular with large groups of Iowans: the federal farm assistance programs and the \$800 billion Paycheck Protection

The government-backed PPP loans went to many employers who agreed to keep employees on the payroll in the early months of the COVID outbreak and use the loan proceeds for business expenses. The loans did not have to be repaid if businesses used the money as promised.

Of course, countless small businesses were left out of the Paycheck Protection Program. But those owners' taxes were used to help cover the cost of the loans that far bigger, and much wealthier, businesses did not have to repay.

Forgiving the PPP loans was carried out, in the current student-loan-forgiveness terminology, on the backs of hardworking small-business owners.

The federal government's farm programs have been a lucrative source of revenue for farmers for the past quarter century. Look at the federal crop insurance program. Hardworking taxpayers with no ag holdings are having their taxes pay for nearly half of the premiums, with farmers taking care of the other half.

The cost of this crop insurance subsidy is not pocket change. The Congressional Budget Office says it will be \$9.5 billion this year.

Supporters are quick to remind us crop insurance is important to everyone, because we are talking about food. Most of the insurance covers just three crops: corn, soybeans and wheat. Most of the fruits and vegetables we eat are not covered by the federal insurance.

But crop insurance is far broader than buying just-in-case protection against an unexpected weather calamity. Seventy percent of the crop insurance policies taxpayers subsidize actually provides guaranteed revenue from each acre covered by the policy. If market prices at harvest time are below that target, the policy makes up the difference. If market prices at harvest time are higher than the target, the farmer gets the higher price.

No other merchant in Iowa has the luxury of having the taxpayers cover half the cost of a guaranteed revenue policy like crop insurance—a guarantee that effectively transfers the risk of crop prices onto the backs of working Americans.

KCAU-TV in Sioux City had a report last week that Sen. Chuck Grassley's family has received \$1.75 million in government farm assistance payments since 1995. People concerned about college grads having \$10,000 in college loans forgiven might be interested to know the Grassley farm payments come out to about \$67,000 each year.

The New Normal, Not an Excuse

As the 10-year (it hurts to even type that number) anniversary of my college venture through parts of East Asia is upon

Marissa

Gasper

Gasper's

me, and the darkest days of COVID seem to be clearing slowly, the first thing on my mind is, of course, travel.

My college friends and I, as well as my sweetheart and I, have all discussed returning to Japan in honor of the 10-year mark being reached, as well as the fact that by my birthday next year, all of us will have officially turned 30. However, the reality of COVID is still very much a hindrance when traveling to Japan specifically, as the policy on foreign tourists entering the country has changed several times this year alone.

During my three-month stay in South Africa earlier this year (from March through June), as my sweetheart and I were happily daydreaming and planning a potential trip to Japan, the requirement for quarantine was still in effect. Eventually, this policy was changed to requiring foreign visitors to have a tour guide and follow a mandated schedule/travel plan—a plan

which was, understandably, met with disinterest from would-be tourists, as an individual travel style allows for more freedom, flexibility, and fun. From that, the requirements have once again been changed, where a

tour guide is no longer required, however, any tourist planning a trip to Japan, must do so through a travel agency. The trepidation to reopen is understandable after an event as major and

sudden as COVID, but in order for the many small, family-owned, sometimes hundreds of years old businesses that rely on tourism to survive, the example of other nations could be followed in this case. Requiring proof of vaccination and a negative COVID test taken within so many days of departure, as well as another negative result upon leaving, are effective measures in keeping COVID from spiking rapidly, and are less restrictive when it comes to tourist's individual travel plans. The unfortunate reality is that COVID is, and likely will be, a part of

life as we know it from now on. Measures must still be taken to protect the most vulnerable (i.e. vaccination, regular boosters, further research and development into treatments in order to lessen the recovery period), but to operate under the hope that COVID can be eliminated or escaped from entirely, is a slim hope at best, and more likely an impossibility. Once again, this isn't to suggest that we shouldn't try to prevent it at

all. As I said, vaccinations, regular boosters, and further research and development into treatments for COVID, as well as normal precautions, such as face masks in heavily populated areas, are all still important as we continue to learn more about COVID and its many variants. But as most of the world moves on (whether too quickly or otherwise), it is impractical to cut oneself off from the rest of the world.

Though I can't blame any country for being reluctant to let tourists from a nation with a significant population believing COVID to be a hoax and with a relatively poor vaccination rate and response to early COVID protective measures from coming to visit.

Respect is possibly the most essential travel necessity, and it is severely lacking in certain cases, and adding COVID to the mix does complicate things further, and likely add to the reluctance of nations such as Japan to reopen, even with vaccination requirements in place.

The opinion of Japanese folks is relatively split on the matter. As Japan has the highest number of elderly people among its population, this is likely of at least some consideration when it comes to reopening the borders. The elderly are a higher risk population, and it would be difficult to ensure their safety, even with vaccination requirements in place (as masks are technically no longer required in most public spaces in Japan, but according to many Japan residents on social media, most still do wear face masks, as it was already a norm, and "no one wants to be the first person to not be wearing their mask" while COVID spikes are still occurring).

However, it is also argued that because cases are higher than they have been in quite awhile in Japan, even without outside tourism, that perhap the low vaccination rate among Japan residents (again, most commonly the elderly) are what has hindered the slowing spread of COVID and tourism would have little to no effect, and instead vaccination should be more heavily pushed internally.

I, of course, cannot say what is best.

All I can say is that COVID isn't going away, but learning to live with it does not mean ignoring it entirely—either by running from it or embracing it as an inevitability.

We must, as a global community, continue to support advances in research and improvement of vaccines, and in turn, we must receive those vaccines and boosters when necessary. We must respect the health of others by following any mask requirements in public spaces.

If we want to fight COVID, we must strengthen our defenses against it. Ignoring it, one way or the other, will only weaken us in the end.



Located at Junction Hwy. 9 & 69, Forest City, IA

1-800-300-6615

Earlier Days

From the files of the Lake Mills Graphic



September 6, 1972/LAKE MILLS GRAPHIC

Deluxe Golf League

The Deluxe Golf League held their annual tournament Monday evening at the Rice Lake Golf and Country Club. Shown above as they prepared to tee off are Jack Izzard, at the left, Bernie Von Vooren, Merv Hedin, LeRoy Johnson, who later won the championship, Bruce Dulak, and John Aasgaard hitting the

If you have pictures of the earlier days in Lake Mills you would like to share, send them to graphic@ wctatel.net, or drop off at our office at 204 North Mill St. Please send original photos, scans or negatives only. No newspaper clippings please.

100 years ago **September 6, 1922**

Fire completely destroyed the large barn on the P.H. Peterson farm two miles north of Leland Tuesday afternoon between three and four o' clock. In an interview with Roy Klipping, tenant and one third owner in the farm, he states that he is not positive how the fire originated but on account of two children playing in the barn and coming out after the building was a cloud of smoke, has reason to believe that in some way they set it aflame. The barn was insured in the Farmers Mutual. Mr. Klipping estimates the loss at \$3,000 with only \$1,500 insurance.

Mr. and Mrs. N.K. Nelson were treated to a real surprise Sunday when a number of friends arranged a social gathtwenty-fifth wedding anniversary. Mr. and Mrs. Nelson had attended services at Salem church in the morning, at the close of which they were invited to the basement where a large number of relatives and friends had gathered for the occasion. A fine dinner was served at two o'clock.

and community are mourning the death of one of their most highly respected and beloved citizens, Sophus T. Hanson, vice president of the Worth County State Bank. While it has been generally known for some time that Mr. Hanson has been suffering with a disease which might terminate in his passing, the message came as a sudden and severe shock to the multitude of friends that he had made during his business activities in Northwood.

An auto collision occured on

The citizens of Northwood

the Imperial Highway two miles east of town where the Bristol road connects with the Imperial. Opal Monson and a party of friends were coming west from Bjellands. They claim they were keeping to the right hand side of the road in making the turn at the intersection of the road in going towards Bristol. A Ford car coming from Bristol and intending to go west on the Imperial kept to the left hand side instead of the right, so it is claimed, with the result that the Ford was tipped over, the five occupants being spilled alongside the road.

75 years ago **September 10, 1947**

Phillip Storby, 16-year-old son of Mr. and Mrs. CLifford Storby, will be released from Naeve hospital, Albert Lea, tomorrow after being confined there since receiving injuries at the local canning factory last

employed on the clean-up shift together with his father and several other men. The night work was nearly completed when Phillip, who was cleaning the auger, had his right hand caught in the machinery. Eldon Hagen, local flier and

operator of the airport, has a number of student fliers. Leo Skellenger did his solo flight sunday, and Carl Moe passed his private flight test Friday. Frank Hebel, Emmons, is ready for his private flight test, and Orville Johnson, Emmons, also is putting in time previous to his private test. Delmar Schmidt has completed his solo flight and expects to take his private test soon. Luverne Smith of Emmons, will solo this week, as well. Gilman the required number of hours. Edward Peterson expects to take his private test shortly. Cecil Bosch of Tenold, recently soloed and will take his private test in the near future. Leonard Beers and Robert Hagen are others who will soon solo. Mr. Hagen and Harry Talle recently flew to North Dakota, the Montana line and Canadian border where they visited with relatives. The trip was approximately 1,500 miles.

50 years ago September 6, 1972 An accident Tuesday noon

five miles west of Lake Mills involved two cars, one driven by Mrs. Gregg Thompson, Scarville, and the other by Kenneth Gansen, Elma. Neither driver nor Mrs. Thompson's daughter, Delaine, 3, were injured. Gansen was ticketed for failure to yield as he pulled out in front of the Thompson vehicle. Sheriff's officers estimated \$800 damages to the Thmpson car and the Gansen car was a to-

Plumbers and electricians are making the final preparations at the new Schoenrock Printed Circuit plant as company personnel move in the equipment and prepare to get into production later this month. Electrician Dean Heiny was working on one of the new machines which is nearly ready for production. The new plant is located on the site of the former plant which burned to the ground earlier this year.

25 years ago **September 10, 1997**

The Lake Mills Fire Department was honored with a plaque Saturday, when their

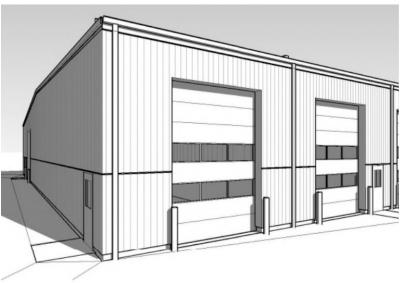
Wednesday night. Phillip was Pierce Quantum Pumper took first place at the 119th annual Iowa Firemen's Association Convention parade held in Forest City. The truck which was purchased in 1996, was named "Best Motor Vehicle—1971-1997." Over 135 entries were in the parade which featured fire fighting equipment from the 1800s to present. Firemen presenting the plaque were Glenn Anderson, Fire Chief, Dave Anderson, and Jim Boehmer.

Approximately 3,500 tires were collected Saturday during the free tire recycling held at two sites in Winnebago County, with approximately 2,000 of these collected at the Lake Mills site. The tires were taken to a firm in Des Moines where they will be ground up, then transported Hagen is about ready for his pri- to cement plants in Mason City ering to commemorate their vate test, and Robert Monson, where they are burned in their who recently soloed, will take kilns. According to Winnebago his private test as soon as he has County Supervisor Scott Helgeson, monies for the recycling came from a NIACOG grant in the amount of \$120,000 of which \$15,000 was given to each of eight counties.

The 1997 version of the LMCHS Bulldogs proved that they can play both defense and offense Friday night as they overwhelmed the Clarion-Goldfield team in non-District action, 34-8, using a tough defense and a talented offensive unit. The stingy defense gave up only 95 yards as the offense piled up 317 yards with some big plays and hard running by senior Joe Ritzert. Ritzert averaged 10 yards with each carry as he rambled for 180 yards in eighteen attempts.

Postcards from around the country are on display on a map by the elementary office at Lake Mills Community School, showing the various places students spent their summer vacation. This project, under the direction of second grade instructor, Sarah Brackey, taught the children writing and geography skills. Children sending in postcards and receiving a pencil were: Lynn Johnson, Jenny Gaskill, Brackey, Jordynn Jordan Banwart, Daniel Baldwin, Cymantha Bendickson, Brent Tweed, Ted Schwarm, Toni Erdahl, Becky Dahn, Megan Pederson, Angela Kesler, Cassandra Nelson, Kristen Holstad, Peter Brekken, Derek Bendickson, Tyrell Hermanson, Katie Bergan, Lucas Storby, Jacob Brackey, Thomas Parcher, Terry Ashley, Laura Smith, Clark Erdahl, Cameo Fjelstad,

Sarah Abele and Josh Tiedman.



LMCS Communique

BY CHRIS ROGNES LMCS SUPERINTENDENT

At the June 13, 2022, LMCS School Board meeting it was approved to move forward with proposed plans for a new bus garage project.

The project site, which is located at 701 Larson Avenue, is currently being prepared for construction.

Why do we need a new bus garage?

The current bus garage is located on S. 1st Ave. W., one block south of Main St. in Lake Mills. It was built in the early 1950s. Buses in that era were much smaller than they are today. Weather protection is needed to help keep snow and ice off the buses as much as possible. It is a very tight fit in the current garage and it does not have the capacity to park all of our buses under a roof. The fleet of buses is valued at over one million dollars. To properly maintain and protect the undercarriage of the buses from rust, an appropriate wash bay is needed. The area where the current garage is located is not an ideal area for bus traffic as it creates congestion and is not ideal for backing out of the current parking area.

Cost and how it is paid for...

A contract was awarded to the low bidder for the project which was Larson Contracting of Lake Mills. The base bid for the project was \$1,103,728, which will build a structure that includes a maintenance area for buses and vehicles, a wash bay, an office, a drivers' room, restroom, utility room, as well as some storage areas.

The project will be paid for by SAVE funds. SAVE is an acronym for Secure an Advanced Vision for Education. This funding stream was formerly known as the statewide school infrastructure sales and services tax and also known as the local option sales and services tax for school infrastructure. It is also sometimes referred to as the "statewide penny". You may remember that in 2008, state sales, services, and use taxes increased from five to six percent. The increased one percent goes to schools on a per-pupil basis for the purpose of school infrastructure. Each school district in Iowa receives about \$1,100 per pupil, per year, as a result of the onecent sales tax. LMCS receives approximately \$600,000 per year to be used for school infrastructure and other items declared in our revenue purpose statement.

"School infrastructure" means those activities for which a school district is authorized to contract indebtedness and issue general obligation bonds. These activities include the construction, reconstruction, repair, demolition work, purchasing, or remodeling of schoolhouses, stadiums, gyms, field houses, and bus garages and the procurement of schoolhouse construction sites and making of site improvements. Additionally, "school infrastructure" includes the payment or retirement of outstanding bonds previously issued for school infrastructure purposes, and the payment or retirement of bonds. The Lake Mills Community School currently does not have any debt on buildings.

Timeline...

Phase 1 has a scheduled final completion date of Aug. 6, 2023. As stated earlier, phase one includes a structure that will have a maintenance area, a wash bay, an office, a drivers' room, restroom, utility room, as well as some storage areas.

To complete the project, plans include for a bus/vehicle storage garage for 12 buses and seven passenger vehicles, a concrete floor

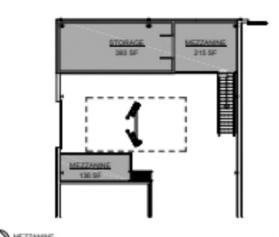
in the storage garage, and full site paving around the grounds. It would be ideal to start the next phase, and complete the whole project, as soon as phase 1 is completed. Bids to complete the full project came in

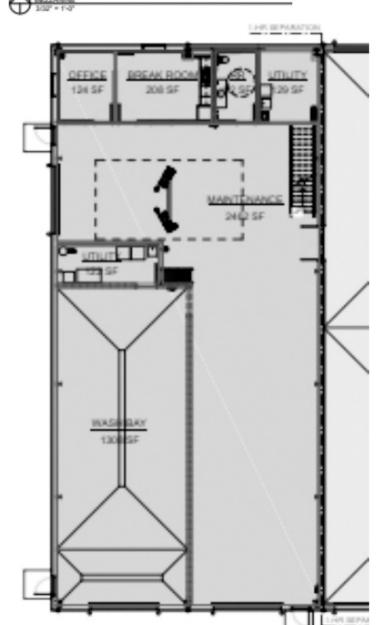
between \$2.2 million and \$3.1 mil-

A timeline for completion of the full project (all phases) has yet to be determined. We are also addressing the needs of a major HVAC project in the school building. The building also has an antiquated steam boiler heating system that needs to be updated. These projects are needed to have the best learning environment possible as well as increase energy efficiency in the buildings. They will also be very expensive. It is my desire to be a good steward of the district's resources and effectively ensure management of the learning environment and make it conducive to student learning.

I look forward to continuing to meet more community members in the coming weeks. I plan to continue giving some system-wide school updates on a monthly basis in the Lake Mills Graphic. If you have any questions, would like to see anything highlighted in a future article, or would like to meet about anything, please feel free to contact me. The best ways to reach me are by email (crogne@lake-mills.org) or school phone (592-0881).

LAKE MILLS CSD BUS GARAGE 701 LARSON AVENUE LAKE MILLS, IA 50450







Renaissance Festival

NEW IN 2022!

Monks Craft Beer Pub • Shakespeare Shorts The Wizard's Cote • Sock and Buskin Stage ROYAL RAPTOR CENTER • DILLY DALLY RIDE BLOODY MARY BINGO • CROSSWORDS TAVERN The Queen's Gambit • Wine Wake

VIKINGS VALHALLA MEAD HALL

FREE PARKING!

WEEKENDS (SAT & SUN) • AUG. 20 - OCT. 2 PLUS LABOR DAY MONDAY, SEPT. 5 & FESTIVAL FRIDAY, SEPT. 30 9 AM - 7 PM • RAIN OR SHINE





(f) (b) 952.445.7361 • www.RenaissanceFest.com

Farming of Yesteryear to be held Sept. 10-11

Farming of Yesteryear, rural Kiester, Minn., will host their 39th Annual Farming of Yesteryear Festival, Saturday and Sunday, Sept. 10-11. The event will take place at 1736 600th St., rural Kiester (two miles east on Hwy. 2 then two miles south on gravel road #121.) The gates open at 7:30 a.m. Saturday and 6:30 a.m. Sunday.

Bring your family for a fun-filled outdoor event. All attendees are encouraged to bring their tractors and machinery. Featured this year is the Olive and Minneapolis-Moline Equipment. Sign up to win a riding lawn mower, Yeti bottles, and FOY apparel.





A scavenger hunt is planned for Saturday, Sept. 10. Pick up cards with clues at the Main office. Other events planned for Saturday are:

1 p.m. parade, followed by BK's Classic Country; 2 p.m. horseshoe tournament with a payout to the top three. To sign up you may call Jim at 507-606-1691. A soup supper will be served at 5 p.m. and "Somethin; Country" will perform at 6 p.m. at the Barn Dance to be held in the Community Center.

Sunday, Sept. 11, events include a 7 a.m. church service, scavenger hunt, pancake breakfast, gospel group "The Nords" will perform, a children's pedal pull contest, parade at 1:30 p.m, followed by a lawn mower pull, Guss and Julie Courier performing, and a raffle drawing with winners being announced.

The Farming of Yesteryear has many events for families to enjoy both days-Kee Town Painters demonstrations, antique farm equipment, Barrel Train, Country Store, quilt tying; steam and horse power demonstrations, blacksmith demos, sorghum making, candle making, threshing, plowing, corn shelling, wood sawing, children's barnyard, horsedrawn rides, and rug weaving.

A Craft and Flea Market will also be held both days. For more information, you may contact Melissa at 406-393-2077.

There is an admittance fee, with children 12 and under being free. Primitive camping is available.

For questions about the event you may call 507-525-2345 or email farmingofyesteryear@gmail. com or go to their Facebook page.

Mark your calendars, and be sure to bring the whole family for a funfilled weekend.



301 W. Main · Lake Mills, Iowa 641-592-1271 or 1-866-592-1271

INSURANCE AGENCY

GRINNELL MUTUAL

Football Team Meal, Foyer

See Renee Ingledue or Cathy Bernhard in Lake Mills Starr Fjelstad 102 S. Main, Rake 641-566-3545

SEPTEMBER

9 7 p.m. 10 8 a.m.

9 a.m. 11 5 p.m. 12 6 p.m.

13 4:30 p.m. 5:30 p.m.

14 7:30 a.m. 5:30 p.m.

16 7 p.m.

15 4:15 p.m. 17 9 a.m.

JJV/JV/Var. Volleyball @ Eagle Grove Var. Football vs. West Hancock, Home Vocal Pre-All State Event @ Belmond-Klemme JJV Volleyball Tourn. @ Forest City Var. Volleyball Tourn. @ Central Springs FFA Alumni Fall Kickoff Dinner, Foyer JV Football vs. Osage, Home JV Volleyball Quad, Home MS/HS B/G Cross Country @ Osage 7th/8th Gr. Football vs. St. Ansgar, Home JJV/JV/Var. Volleyball vs. GHV, Home 7th-12th Gr. Coaches Meeting, Room 125 Youth Girls Basketball, MS Gym NOON DISMISSAL-TEACHER INSERVICE 7th/8th Gr. Volleyball @ Osage Var. Football @ North Union JJV/JV Volleyball Tourn., Home Var. Volleyball Tourn. @ Forest City

FOR SALE

1 Owner 1997 Custom Built 1,770 sq. ft. Ranch-Style Home w/3 Car Attached Garage

(no basement, everything on one level)



105 N. Franklin St., Lake Mills **OWNER: Clarine Seffensen Estate**

Home features include: Master bedroom w/handicap shower, toilet sink, plus walk-in closet. One smaller bedroom w/walk-in closet kitchen/great room concept w/gas fireplace, formal dining/living room, full bath, laundry room, several double closets throughout, covered front porch, rear concrete patio. Maintenance free exterior w/vinyl siding, aluminium soffits, perm a shield windows, metal insulated garage doors etc. Located in very good neighborhood.

Lot size: 132' x 132' corner lot This home is seeking a new owner (It could be you)

> Price \$249,000 Exclusively listed by:



For showing contact: 706 E. Main Lake Mills, IA 641-592-4403 www.aglanddepot.com

College News

University of Alabama, Tuscaloosa — Graduate: Samuel Redinger, Hanlontown, Master of

LMCS Menu

Sept. 12-16 **Breakfast**

Monday-Cereal, toast, fruit, juice, milk.

Tuesday-Pancake/sausage on a stick, fruit, juice, milk. Wednesday-Cereal,

fruit, juice, milk. Thursday-Egg/cheese

elet, muffin, fruit, juice, milk. Friday-Donut, yogurt, fruit, juice, milk.

Lunch

Monday-Pork rib on a bun, dark green leaf lettuce & tomato slice, sweet potato fries, applesauce, fresh fruit, milk.

Tuesday-Spaghetti w/meat sauce, garlic breadstick, tossed salad, green beans, fresh banana, canned fruit, milk. Wednesday-Corndog, corn,

tater tots, mixed fruit, chocolate chip cookie, milk (Noon Dismissal). Thursday-Chicken quesa-

dilla, tortilla chips, black bean & corn salsa, refried beans, sidekick, fresh fruit, milk.

Friday-Pepperoni pizza, fresh grape tomatoes, tossed salad, fresh apple, fresh fruit, milk.

Down Home Cooking Bonnie Kay Baldwin

BROCCOLI CASSEROLE

2 pkg. frozen broccoli (or fresh

1 can sliced carrots, drained

1 can water chestnuts, sliced

1/2 c. Cheddar cheese, shredded

1/2 pkg. stuffing mix (about one

Cook broccoli slightly. Place

vegetables in buttered casserole.

Combine soup and mayonnaise

and pour over vegetables. Sprinkle

Cheddar on top. Combine butter

and stuffing mix and put on top of

everything. Bake at 350 degrees

for 45 minutes. Uncover for last

GLAZED PEACH CREAM

2 (3 oz.) pkg. peach flavored

1 can (8 3/4 oz.) sliced peaches

or one fresh peach peeled and

Add boiling water to gelatin

and stir until dissolved. Add other

ingredients in order, stirring after

FAIR BOOTH PIE CRUST

Cut together shortening and

lard. Cut in flour, salt and baking

powder. until pea-sized crumbs

form. Put beaten egg and 1 Tbsp.

vinegar into a one cup measuring

cup. Fill with water to one cup.

with fork until just mixed. Makes

Area Rugs from

Hand-carved Turkish rugs

Hand-woven Indian rugs

University Extension

9 a.m.

9 a.m.-Noon

8:30 a.m

Topic:

Time:

Time:

Topic:

Time

Topic:

Topic:

Time:

Topic:

Topic:

Topic:

Time:

Topic:

Time:

Topic:

Time:

Topic:

Time:

Topic:

Time:

Topic:

Time:

Topic:

Location: Time:

Location: Time:

Location:

Location:

Location:

Location:

Location:

Location:

Location:

Location:

Location:

Location: Time:

Worth County Office

Northwood, Iowa

641-324-1531

Dennis Johnson,

Worth County Extension Education Director

24108 Dogwood Ave., Fertile

Worth Co. Fair Board Meeting

Worth Co. Farm Bureau Ag Fair

Worth Co. 4-H Fire Up

Worth Co. Fairgrounds, Northwood

Worth Co. Fairgrounds Shelterhouse

Mower Co. Fairgrounds, Austin, Minn.

NIACC Agriculture Committee Meeting

NIACC Campus, Mason City

6:30-7:30 p.m.

Zoom Conference

8:30 a.m.

Worth Co. Fairgounds, Northwood

4-H Youth Region 4 Staff Meeting

ISU Extension Fall Ag Team Meeting

Hancock Co. Extension Office, Garner

Worth Co. Extension Office, Northwood

Worth Co. Extension Council Meeting

Horticulture State Extension Meeting

Worth Co. 4-H Record Book Judging

Worth Co. 4-H Record Books Due

Cerro Gordo Co. Extension Office, Mason City

eight pie crusts. May be frozen.

Gorgeous 5'x8'

1 can mushroom soup

1/2 c. real Mayonnaise

1/4 c. melted butter

10 minutes.

gelatin

2 c. boiling water

1 pt. vanilla ice cream

each addition. Chill.

1 tsp. baking powder

1/2 c. lard

5 c. flour

2 tsp. salt

1 egg, beaten

1 Tbsp. vinegar

3/4 c. cold water

chopped up)

BISCUITS SUPREME

2 c. sifted flour 4 tsp. baking powder 1/4 tsp. salt

1/2 tsp. cream of tartar 2 tsp. sugar

1/2 c. shortening 2/3 c. milk

Sift flour, baking powder, cream of tartar, salt and sugar into bowl. Cut in shortening until coarse. Make a well, add milk all at once. Stir quickly with a fork until dough follows fork around bowl. Turn out onto lightly floured surface. (Dough should be soft.) Knead gently 10-12 strokes. Roll or pat 1/2-inch thick: dip cutter in flour—cut straight, no twisting. Place on ungreased sheet and bake at 450 degrees for 10-12 minutes. Makes 16 biscuits.

SIMPLE STUFFED GREEN **PEPPERS**

1 lb. ground beef 3/4 c. rice (or less) 1 can tomato soup 1 med. onion

Salt and pepper, to taste

Brown ground beef, onion, salt and pepper. Add 1/4 can tomato soup and rice. Stuff peppers. Fill soup can with water and mix with remaining tomato soup and pour over peppers. Makes 4-5. Bake at 350 degrees until done. These 2 c. butter-flavored shortening freeze well.

Let Us Take Care Of All The **Homeowner Concerns**

Yard work, taxes, maintenance and continual upkeep leave that to us.

Now is a great time to consider a new home, with stress-free living in our spacious facility with personalized care.

Apartments Available



Forest Plaza Assisted Living 635 Hwy 9 East Forest City, IA 50436

Call Rick at 641-585-1555 • Email: rick@forestplaza.biz



DEPARTMENT OF ORTHOPAEDIC is pleased to have the following providers

seeing Orthopaedic patients on the following dates

Kyle Ryan, PA-C in Buffalo Center Sept. 1 & Sept. 15

Chad Boyer, PA-C in Lake Mills

Sept. 13 & Sept. 27

Call 641-494-5210 for an appointment

FOR SALE

1215 South Washington Court, Lake Mills



Exquisite, 1,636 sq. ft. home built in 1998—all set up for one level living. The home features 3 bedrooms, 2 baths & a gas fireplace in the living room. Master bedroom boasts walk-in closet and its own bathroom. Laundry room w/built in storage just off the garage entrance door. BRAND NEW furnace and A/C unit this month. The backyard features a large composite deck w/2 separate sitting areas accessible by sliding patio doors, and a shed for more storage. The double attached garage is extra deep (23x36).

Are you ready to say yes to the address? Price \$229,500

REALTYONEGROUP BLACK DIAMOND

Listed by Marisa Koppen C: 641.590.0465 Licensed in IA & MN

The Postscript

"The Redhead and Cat" Here's the thing: I'm not superstitious.

It all started when I was still in Mexico, visiting a gallery, and I saw a painting across the room. The composition was striking. The bottom third was black and the top two-thirds were filled with a deep blue sky and great white clouds rising from the horizon. There was a bare tree on the right side and on the left was a full moon. I felt pulled into the gallery and across the room to see the picture, and that's when the figures in the foreground be-

Standing beside the tree were a woman and a cat. The woman had brilliant red hair. The cat was small and gray, and I felt something in me stir.

"The Redhead and Cat," the painting was called.

My best girlfriend, Angel, my biggest support to me when I started writing, had been a redhead, and my cat, Lucy, my muse every step of the way, was a small gray cat. They were both now long dead, but there they were, in front of this blue sky with the rising moon in the background.

I'm not superstitious, but having those two looking over me as I wrote seemed like a good idea. I brought the painting home to the U.S., and I got around to hanging it up just the other day.

That's when funny things started happening.

I've been grumpy. It's nothing big. It's nothing important. It's just the usual stuff that adds up like paper cuts. Working with no apparent progress. Feeling alone. Wondering if I am on the right track. Wondering if there is a track at all. That sort of thing. It wears at the soul-when

Stir well. Pour over crumbs. Mix hopefulness starts to fray, and instead of facing the day with ex-

\$69

www.EmporiumFurnitureAndMattress.com

 $\overline{ ext{Iow}}$ a State University

SEPTEMBER

Iowa State 4-H Monthly Educational Webinar

North Iowa Windbreak Management Field Day

Worth Co. Extension Office Community Room, Fairgrounds

Worth Co. 4-H National Barrow Show Swine Judging Contest

Worth Co. 4-H Clover Kids Blast Off Family Fun Night

Worth Co. Extension Office Community Room, Fairgrounds

Worth Co. Extension Office Community Room, Fairgrounds

Ph 641-562-2929 Cell 319-541-4775

citement, I just feel tired.

As I hung the painting, l tipped my head back and lost my balance. My favorite reading glasses slipped off my head and onto the floor just in time for me to catch myself and step on them. Crunch.

They

The next

"What



had typed:

Postscript rtrtuyi]ng rto the heck?!"]

] am rtrtuyi]ng rto

tried again.

I unplugged my keyboard and plugged it in again. I got the same results. The keyboard was unusable. I grumbled again. I reached for a pen to take notes. My hand felt wet. The pen had exploded, and my hand was covered in ink. It wasn't until then I remem-

bered the painting on my wall. Honestly, I am not supersti-

tious. But I did ask them, after Directly or indirectly, I asked

my two loyal companions to

help me, to both encourage me and, I guess, show me the error of my ways when I got lost when I was grumpy, or failed to remember what matters. What matters is the glorious journey. What matters is this

and it's been said so many times that sometimes it loses meaning, but that doesn't make it any less This time, sitting at my desk,

wonderful day. Sure, it's corny,

this time is sacred. It is short. It is precious. And I am a fool not to rejoice in the little time I have.

So Angel and Lucy are watching over me. They might be doing no more than that. But perhaps, from time to time, they may take a more active hand and provide me with a much-needed reminder of what a great fool l

Till next time. Carrie



Men's senior best shot

Men's senior four-man best shot for Aug. 29 had the team of Daryl Sherman, Bruce Bartness, Jeff O'Toole winning with a 62. Second were the teams of Jerry Kephart Jerry Adams, Steve Gilbertson, Jim Bowers and Dave Areneson, Dean Mathiason, Keith Johnson, Mike Hansen tying with a 63. Closest to the pin on the par 3's were Bruce Bartness, #2; Dean Mathiason, #4 Jim Bowers, #6; Dean Mathiason, #12; and Dean Mathiason, #14.





MONDAY—Closed TUESDAY—Pollo Loco WEDNESDAY—Shrimp Burrito THURSDAY—\$1 Off Fajitas & Half Off Margaritas FRIDAY-Enchiladas

SATURDAY - Burritos Deluxe SUNDAY—Kids Eat Free with each Adult Meal (Carry-out meals included)

NOW OPEN ALL DAY. Tues.-Sat. 11 a.m.-9 p.m.

846 Central Avenue, Northwood • 641-323-0000 Like us on Facebook



Muriel L. Bergan February 12, 1932 -**August 31, 2022**

Muriel L. Bergan, 90, Hanlontown, entered her eternal home Wednesday, Aug. 31, 2022 while a resident at the Lutheran Retirement Home, Northwood. A funeral service was held Saturday, Sept. 3, at Grace Lutheran Church, Hanlontown, with Pastor Linda officiating. Johnson-Prestholt Burial was held in Brush Point Cemetery. Schroeder Funeral Homes, Northwood, was in charge of arrangements.

Muriel LouAnn was born Feb. 12, 1932 near Scarville, the daughter of Gail (Brunsvold) and Roy Peterson. She was baptized at Scarville Lutheran Church and confirmed at Grace Lutheran Church, Hanlontown. She graduated from Hanlontown High School, Class of 1949. She played basketball, participating in the Iowa State Tournament, and was also honored

When Rev. Chris Ebbers moved

to Forest City in 2020, he had

a hunch he might end up on the

BrickStreet Theatre stage one day.

His role as Major Metcalf in Agatha

Christie's *The Mousetrap* is turning

Ebbers and his wife, DeLyte,

moved to Forest City at the begin-

ning of the pandemic after his

retirement as a United Methodist

minister. They had been looking

for a community halfway between

their two children: a son, Jaron,

who lives with his wife, Anne, and

two children in Minneapolis; and a

daughter, Ariel, who lives with her

husband, Steve, and their child in

Des Moines. Forest City earned the

spot as their new hometown after

finding a beautiful acreage on the

edge of town. They also appreciated

the fact Forest City was a college

town and "felt like a nice commu-

The Ebbers also attended

BrickStreet's production of Elf in

December 2019 on one of their

"I'd been told about BrickStreet

by one of my parishioners (moth-

er of BrickStreet performer Joy

Newcom)," said Ebbers. "We were

really impressed. The production

was so ambitious and extremely

Both Chris and DeLyte

Ebbers had been on stage in West

hometown hunting excursions.

nity overall."

well done.'

that hunch into reality.

as the band queen for Hanlontown High School in 1949.

On April 20, 1951, Muriel married Arden L. Bergan at Grace Lutheran Church. They made their life-long home near Hanlontown, where they raised their five children. Muriel worked a short time as a bookkeeper for the Hanlontown Elevator before becoming a fulltime homemaker and bookkeeper for Bergan Excavating. She also served as treasurer for Grace Lutheran WELCA for many years.

In Arden's words, "Muriel, my beloved, bore and reared our children, a lifetime partner, did the bookwork, made the meals, cared for clothing, loved flower beds, gardening, grandchildren and families. Supportive and involved in church, and daily devotions, my companion and help-mate through all circumstances, good or bad."

She is survived by her children: Diane (Rick) Aguilera, Manly; Donna (Mike) Kennedy, Hanlontown; Ruth (Gene) Simon, Clear Lake; Rebecca (Larry) Ritzert, Lake Mills; and Mark Bergan, St. Charles, Mo.; grandchildren: Jennifer (Todd) Leet, Jamie (Jason) Bonnema, Jesse (Chelsey) Aguilera, Jeromy Kennedy, Kelly Kennedy, Bridget Stitt, David Stitt Jr., Joe (Amanda) Ritzert, Sadie (Jesse) Lee, Rachel (Adam) Stene, Jack Bergan, and Teddy Bergan; 32 great-grandchildren; five greatgreat-grandchildren; sisters-in-law: JoAnn Peterson, Arlene Keeling and Lynda Condurelis; along with many nieces and nephews.

Muriel was preceded in death by her husband, Arden; parents; sister, Marian Jennings; and brother, Marvin Peterson; as well as several sisters and brothers-in-law.

Union, their previous hometown,

as Grandpa Joe and Grandma

Josephine in that community the-

atre's production of Charlie and the

Chocolate Factory. He also served

as crew for a one-woman show

by award-winning playwright Janet

tunity to make something fiction

seem real." He shared that someone

once told him that, for pastors,

accomplishing that may be easier

trying to lift people's lives through

"In both cases," he said, "you are

than preaching non-fiction.

He enjoys theatre as "an oppor-

Schlapkohl.

Rev. Ebbers cast in Agatha Christie's The Mousetrap

Rev. Ebbers (right) rehearses for *The Moustrap*.



Shari Huddleston June 9, 1952 -September 1, 2022

Shari Huddleston, 60, Lake Mills, peacefully passed away Thursday, Sept. 1, 2022, surrounded by loved ones. There will be two services in remembrance of Shari. The first being in her hometown of Lake Mills, and the second service in Cookeville, Tenn., at her final resting place beside her husband Dale. Services in Lake Mills, will be held at Schott Funeral Home-Mittlestadt Chapel, Friday, Sept. 9, with a visitation at 3 p.m., followed by memorial services at 4 p.m. Services and burial in Cookeville, Tenn., will be held at Salem Church, 1021 Salem Church Rd., Saturday, Sept. 17, at 10 a.m.

Shari was brought into this world June 9, 1952, to Rocky and Carol Olsen in Racine, Wis. Shari graduated high school in Lake Mills, then worked many years for Fleetguard (Cummins) in both Lake Mills,

storytelling and to give people hope.

I think theatre does that. Audiences

get to live through something else

for a little bit and see their own lives

pit of Garner's United Methodist

Church from April through June of

this year when Rev. Mike Schaffer

left on medical release. He's enjoy-

ing his time with BrickStreet, meet-

ing people and working as part of

an ensemble. Ebbers compliment-

ed directors, Daniel and Shandra

Sarasio Meyer, Forest City, for a

vision of the show that has perform-

Ebbers recently filled the pul-

in a new way."

and Cookeville, Tenn. After retiring from Fleetguard, Shari worked as a dispatcher for the Putnam County Sheriff's Office. Shari was also heavily involved in her church (Salem Church) in Cookeville,

Shari is survived by her sons: Chris (Diana) Adams, Keister, Minn.; Justin (Amber) Adams, Lake Mills; Tim (Katie) Adams, Cumming, Ga.; and James Huddleston, Cookeville, Tenn.; grandchildren: Kjerstin (Nick) Mosby, Lake Mills; Chelsey Gonsalez, Thompson; Cheyenne Fendrich, Kiester, Minn.; Tori Adams, Kiester, Minn.; Paige Adams, Kiester, Minn.; Destiny Adams, Spokane, Wash.; and Laurin and Tysin Adams, Cumming, Ga.; six great-grandchildren; and her siblings: Les (Shirley) Olsen, Coleharbor, N.D.; Bill (Holly) Olsen, McMinnville, Tenn.; Bonnie Clark, Raleigh, N.C.; and Jim (Candy) Olsen, Lake Mills.

Shari was preceded in death by her husband, Dale Huddleston; mother, Carol Olsen; and father, Robert "Rocky" Olsen.

Funeral notice

Clarice M. Olson, 90, Clarks Grove, Minn., passed away Thursday, Sept. 1, 2022 at St. John's Lutheran Home, Albert Lea, Minn.

A funeral service will be held at Noon, today (Wednesday, Sept. 7), at Bonnerup Funeral and Cremation Services, Albert Lea, Minn. The family will receive friends at a visitation one

ers "working well together. It's so

In Agatha Christie's The

Mousetrap, an unlikely group of

diverse travelers learn about one

another when they become snow-

bound together. In this whodun-

it, five Monkswell Manor tenants

become murder suspects along with

the lodge's owners, a newlywed

couple who struggles to keep panic

at bay. The Mousetrap holds the

distinction of being the longest,

continuously running play in the

world. It opened in London's West

End in 1952 and ran continuously

until a global pandemic shuttered it

30, Oct. 1-2, and Oct. 7-9. The

curtain opens 7 p.m. on Fridays and

Saturdays and 2 p.m. on Sundays.

The show will be performed in

BrickStreet Theatre's new location

at 1305 Hwy. 69 S., Forest City.

The space houses the organization's

offices, costumes, props, and scene

shop. The organization currently

has a Capital Campaign underway

to raise funds for improved theatri-

cal lighting, sound, and audience

brickstreettheatre.org or at the door,

if available. They may be also pur-

chased by leaving a message with

the BrickStreet Box Office at 641-

Tickets are available at www.

The murder mystery runs Sept.

in March 2020.

seating.

585-1800.

good."

hour prior to the service.

FERTILE LUTHERAN CHURCH, LCMC 602 W. Washington St., Fertile 641-797-2767 fertilelutheran@wctatel.net

Confirmation; 7 p.m. Lydia Circle

www.fertilelutheranchurch.org Sunday-9:30 a.m. Worship; 10:30 a.m. Sunday School & Confirmation

Pastor Rob Lanphere

107 East Main, Lake Mills

641-592-1106

Sunday-9 a.m. Worship; 10 a.m.

Tuesday-10 a.m. Swallow Coffeehouse;

Brewing, Northwood (2nd & 4th Thursday)

BETHEL LUTHERAN BRETHREN

CHURCH

Pastor Kevin Olson

2-1/2 Miles South of Joice

641-588-3460

BETHEL LUTHERAN CHURCH

15722 490th St, Vinje

641-568-3682

Confirmation Begin; Council Meets; 10 a.m.

CHAPEL HILL RETREAT

Pastor Bob Beery, Billie Beery,

Proprietors

274 370th St., Joice, IA

641-797-2500

www.cbapelbillretreat.org

EMMONS LUTHERAN

490 Pearl St., Emmons, MN

Rev. Rvan M. Henkel

p.m. Church Council Meeting

Thursday-6:30 p.m. Deacons Meeting; 7

Sunday-9 a.m. Worship w/Rally Day;

Tuesday-6 p.m. Bible Study at Parsonage

Wednesday-10:30 a.m. Bible Study in

Small Social Hall; 2 p.m. Martha Circle; 6 p.m.

10:15 a.m. Fellowship; 10:30 a.m. Service

Committee Meeting; 11 a.m. Congregational

Sunday-9 a.m. Sunday School &

Fellowship

Worship

Sunday-9 a.m. Worship; 10 a.m. Coffee

Thursday-7 p.m. Pub Theology, Worth

Monday-7 p.m. Council Meeting LAKE MILLS/LIME CREEK/ **SOMBER LUTHERAN PARISH**

David Emmons, Pastor

203-940-3794 demmons2015@centurylink.net www.fivepointparish.com

LAKE MILLS 107 N. 1st Ave E.

Sunday—8:30 a.m. Fellowship at Lime Creek

SOMBER 575 450th St., Lake Mills

Sunday—8:30 a.m. Fellowship at Lime Creek Wednesday-6 p.m. Bible Study

24076 495th St. • Lake Mills, IA Sunday—8:30 a.m. Worship and

LIME CREEK

MINISTERIOS NUEVOS COMIENZOS, **INC (NEW BEGINNINGS)**

Pastor Raul Rivera **Pastor Raquel Cruz** 377 2nd Ave. W., Thompson, IA 210-334-5400

mnuevoscomienzos@gmail.com Friday-7:30 p.m. Service Sunday-11 a.m. Revival Sunday ONE IN CHRIST LUTHERAN PARISH **Pastor Randy Baldwin**

Pastor Bill Peters

Thursday–9:30 a.m. Living Waters Conference Pastors at Bethlehem Lutheran,

ASBURY UNITED METHODIST CHURCH Manly; 17 p.m. Bible Study at Winnebago Fridav–10 a.m. Assemble & Fold Bulletins

Attend the church of your choice.

at Winnebago; 1:30 p.m. Reformation Bible Study at Silver Lake

Sunday-Pentecost 14

Monday—1-4 p.m. Forest City Neighborhood Food Bank; 3-5 p.m. Lake Mills Food Bank:

Tuesday-3 p.m. Text Study; 4 p.m. Staff Meeting; 7 p.m. Parish Council Meeting at

Wednesday-10 a.m. Bible Study at Salem; Pastor Randy at Winnebago; OIC Mission Circle at LeAnn Hagen's; 1:30 p.m. Mills Harbour Worship, Pastor Randy; 2:30 p.m. LMCC Worship, Pastor Randy; 6:15 p.m. 7th/8th Gr. Confirmation at Winnebago: 6:30 p.m. Celebration & Praise Teams Practice at Winnebago

Thursday-10 a.m. Pastor Bill at Winnebago; 7 p.m. Bible Study at Winnebago Friday—10 a.m. Assemble & Fold Bulletins at Winnebago; 1:30 p.m. Reformation Bible

BETHANY 201 Franke St., Joice 641-588-3366

Sunday–9 a.m. Worship Communion; 10 a.m. Fellowship **IMMANUEL**

> 105 E 3rd St., Scarville 1-641-568-3666

Sunday-10:30 a.m. Fellowship; 11 a.m.

Thursday-6:30 p.m. Immanuel Council

LUNDER 14982 735th Ave. • Albert Lea, Minn. 507-373-6668

Sunday-9:30 a.m. Worship w/3rd Gr. Bible, Blessing of Backpacks & Installation of Sunday School Leaders; 10:30 a.m. Fellowship, Sunday School

705 Silver Lake Rd., Northwood 641-293-5556 Sunday-8 a.m. Worship w/Installation of

SILVER LAKE

Sunday School Leaders; 9 a.m. Fellowship,

WINNEBAGO 40029 210th Ave., Lake Mills 641-567-3550

Sunday-9:45 a.m. Fellowship; 10:30 a.m. Worship w/Holy Communion Monday-7 p.m. Esther/Ruth Circle at

Wednesday-7 p.m. Lydia Circle at

PILOT KNOB LUTHERAN CHURCH (AALC)

Pastor Bob G. Snitzer 2391 330th St., Forest City 1-641-581-3070

pastorbob@pilotknob.org www.pilotknob.org Sunday-7 a.m. Listen to Message on

KIOW Radio 107.3 FM

SALEM LUTHERAN CHURCH Pastor Joel Guttormson 401 S. Lake St., Lake Mills 1-641-592-1771

Thursday-1 p.m. Mills Harbour Bible Study; 1-6 p.m. Blood Drive, Fellowship Hall; 3:15 p.m. Juniors, Room 2; 6:30 p.m. Church Council Meeting, Choir Room

Sunday-9 a.m. Worship, Sanctuary; 10 a.m. Fellowship, Fellowship Hall

Monday-1-4 p.m. Mission Quilters; 2-4 p.m. Clothes Closet Open (To schedule a different time, call 641-592-5085); 2:30-5 p.m. LM Food Shelf Open (101 S. Mill St.); 3:15 p.m. Daisies, Room 2

Tuesday-10 a.m. Caregivers Support

Wednesday-10 a.m. Adult Bible Study Choir Room: Noon Cadettes, Room 2

Thursday-1 p.m. Mills Harbour Bible Study; 2 p.m. WELCA, Fellowship Hall; 4 p.m Board of Life & Growth Meeting, Fellowship

SCARVILLE/CENTER SYNOD LUTHERAN **PARISH** Pastor Joshua Skogen

SCARVILLE 411 Logan St., Scarville 641-568-3372 CENTER 19266 440th St., Leland SION LUTHERAN CHURCH (LCMC) **Pastor Mark Decker**

641-592-8892 Sunday-9 a.m. Worship, Sunday School Coffee and Fellowship to Follow

4525 Finch Ave., rural Lake Mills

ARCHANGELS CATHOLIC CLUSTER Fr. Andrew Marr. Fr. Ben Valentine ST. PATRICK • Buffalo Center Saturday—4 p.m. Mass ST. BONIFACE • Garner

Thursday-11:30 a.m. Reconcilation; Noon Sunday-10 a.m. Mass

Monday-8 a.m. Mass; 8:30 a.m. Adoration Wednesday-10 a.m. Mass at Concord Care Thursday-11:30 a.m. Reconcilation; Noor

ST. WENCESLAUS • Duncan Saturday-3:30 p.m. Reconciliation; 4

Tuesday-7:30 a.m. Reconciliation; 8 a.m.

ST. PATRICK • Britt

Friday-8 a.m. Mass; 8:30 a.m. Adoration Saturday–6 p.m. Spanish/English

Sunday-7:30 a.m. Reconciliation: 8 a.m.

Wednesday-5 p.m. Reconciliation; 5:30 p.m

Reconciliation; 6:30 p.m. Mass

Friday-8 a.m. Mass; 8:30 a.m. Adoration ST. JAMES CHURCH

Forest City Thursday-8 a.m. Mass; 8:30 a.m

Sunday-10 a.m. Reconcilation; 10:30

Tuesday—Reconciliation & Mass Cancelled Thursday-8 a.m. Mass; 8:30 a.m

ST. PATRICK'S CHURCH **Lake Mills**

Sunday-7:30 a.m. Reconciliation; 8 a.m.

Wednesday-5:15 p.m. Mass

WEST PRAIRIE LUTHERAN CHURCH Pastor Anthony Scalisi, STS PO Box 9, 40041 150th Ave., Leland

641-567-3733 www.westprairiechurch.com www.facebook.com/westprairie

Sunday-8:30 a.m. Worship; 9:30 a.m

Fellowship; 9:45 a.m. Sunday School for Al

WORD OF FAITH DOMINION CHURCH Full Gospel, Pentecostal **Pastors Doug and Laurel Domokos** Associate Pastor Steve Johnson 45005 210th Ave., Lake Mills

641-592-7150 www.wfdchurch.com

Sunday-10 a.m. Worship. Also streamed at www.wfdchurch.com and can be viewed or the church Facebook page (wfdchurch).

SCHOTT

Funeral Home & Cremation

lsaiah Schott, Bart Winter, Amy Edgerton, Spenser Brackey

902 E. Main, Lake Mills • 641-592-0221

www.mittelstadtfuneralhome.com

PRICE IS

RIGHT

CONSTRUCTION

341-592-9413

These community minded businesses support our local churches . . .

WINNEBAGO MUTUAL

INSURANCE ASSOC.

301 W. Main, Lake Mills

641-592-1271

Cooper GOOD YEAR

WAGNER TIRE

641-592-5810

Hwy. 69 West

Lake Mills, IA 50450



405 27th Ave. South . Clear Lake, IA 641-357-7083 • Email: aval@netins.net and: 300 Lyndale St., Osage, IA. 641-832-2270



KIRSCHBAUM ELECTRICAL, PLUMBING & HEATING

> Lake Mills, Iowa 641-592-8831

Albert Lea Public Warehouse

LM Location 402 N. 2nd Avenue W. Lake Mills, IA 50450 Ph. 641-592-4600 FAX 641-592-4601 Albert Lea, MN • Clear Lake, IA

Lake Mills, IA • Garner, IA • Omaha, NE

MBTBank 106 W. Main St. Lake Mills, IA 50450 641-592-0041 **FDIC**





THIS SPOT COULD **BE YOURS!** Call LORETTA at the

LAKE MILLS GRAPHIC at 641-590-0705 or email graphic@wctatel.net

IT'S NEWS TO US

We strive to cover news in this area as thoroughly as possible, but we need your help and appreciate when you inform us with items of interest. We hope you will email, call, or mail your news to us.

- If you take a trip If your club meets
- If you get engaged If you get married If you are celebrating an anniversary
- If you have a class or family reunion If you welcome a new baby to the family
- If a family member graduates from college
- If a family member enlists or retires from the armed forces
- If you have any news of interest to local residents

Lake Mills Graphic 641-592-4222 • graphic@wctatel.net

Lake Mills business under new ownership

BY KAYLEE SCHUERMANN WINNWORTH BETCO

After nearly 15 years in business, Uptown Fitness owners Heather Yeoman and Rachel Olson have decided to step down and sell the busi-

"I'm looking forward to decision making and also continuing to build the studio through the classes and the boutique," Anna Stene stated, who purchased Uptown Fitness with her husband.

Despite the transaction, Yeoman and Olson will remain on the studio's administration team and continue instructing classes.

"Owning something on Main Street that's giving back to the community is such an amazing feeling, but that's not going away," said

Stene joined Uptown Fitness as a member when she moved to Lake Mills in 2017 and became a yoga instructor in 2020. She became more involved throughout her time at the studio, making her a prime candidate for taking over as Yeoman and Olson prepared to step back.

Yeoman participated in jazzercise for most of her life and started teaching classes at the Lake Mills Family Fitness Center when she moved to town in 2007. As the class quickly gained traction, Yeoman founded Uptown Fitness and rented the former American Legion. The business continued to expand in customers, classes and instructors throughout the next 10 years.



BEN STENE, ANNA STENE, HEATHER YEOMAN & RACHEL OLSON

In 2020, Yeoman and Olson decided to purchase the studio's current space; they did not know that the day after, the state of Iowa would shut down all gyms due to the COVID outbreak. The team quickly acted by moving classes online.

Yeoman said, "We had instructors teaching classes from their

In the meantime, Yeoman and Olson spent countless nights and days renovating their new studio, such as painting, re-flooring and

building designated fitness rooms/

Uptown Fitness has eight instructors that meet regularly to stay up to date with each other and what is happening at the business. They also try to attend each other's classes for support. Stene explained that this helps strengthen the sense of community in the studio.

"Heather always says that we sell relationships first and fitness second," said Olson.

Now, Uptown Fitness offers in-

person and online memberships and offers a variety of classes, including yoga (vinyasa and gentle), jazzercise (dance mixx, flip fusion and strength 45), cycling, muay thai, barre, circuit blast, LIIT and sculpt and stretch. The studio also offers specialty classes throughout the

"Joining the studio was a big part of me becoming a part of the community, so I'm excited to keep giving back," said Stene.



Hobbies for seniors residing in assisted living communities

Assisted living facilities are a vital resource for aging individuals. Data from the American Health Care Association® and the National Center for Assisted Living® indicates that more than 811,000 people reside in assisted living facilities across the United States.

Assisted living facilities have changed dramatically over the years, making them ideal options for adults who may need varying degrees of help with daily activities. Such facilities can help with activities like bathing and preparing meals, but they also can help residents find and explore new or existing hobbies. As individuals adjust to life in assisted living facilities, finding new hobbies or rediscovering old passions can be a great way to connect with fellow residents.

• Reading: Reading is a rewarding activity that can greatly benefit seniors and provide an engaging pastime for those with limited mobility. Many assisted living facilities offer activities that are designed to foster communication between

independently can be a source of

pride. However, illness or age can

affect people in ways that require

them to seek assistance with medi-

cal needs or daily activities for an

extended period of time. In such in-

stances, long-term care services can

their homes, in the community or in

various types of facilities with vari-

ous daily and medical requirements.

According to WebMD, research

shows that many people are un-

aware of long-term care options or

may be misinformed about what's

Various services can be utilized

in the comfort of home. According

to the Knoxville-Knox County

Community Action Committee

Office on Aging, services can in-

clude home-delivered meals, pest

control, minor home modifications,

or visiting nurses and health aides.

Other benefits may include shop-

Community services can in-

clude adult day care centers, meal

programs, senior centers, com-

munity transportation, and others.

Community services enable people

to continue to live in the commu-

nity with some support. They also

may help family or friends serving

as caregivers enjoy a break from the

assistance they have been provid-

Long-term care may be mistaken

ping or physical therapy.

Community care

Care facilities

out there.

Home care

Long-term care assists people in

residents and a book club can do just that. What's more, reading every day may be especially valuable for people age 65 and older. A 2018 study published in the journal JAMA Psychiatry found that dementia risk was considerably lower among men and women 65 and older who participated in intellectual activities like reading than it was among seniors who did not engage in such pursuits.

• Gardening: AARP notes that gardening provides a host of health benefits that go beyond ensuring fresh fruits and vegetables will be on the dinner table. For example, vitamin D is vital to bone health, which is important for aging men and promote strong bones.

· Art therapy: According to the Chicago Methodist Senior Services art therapy is a creative form of therapy designed to help older adults with memory loss or those experiencing mental or physical stress. The Harvard Medical School notes that recent research has indicated that engaging in creative activities may be more effective at delaying cognitive decline than merely appreciating creative works. A 2014 study from researchers in Germany found that retirees who painted and sculpted had greater improvements in spatial reasoning and emotional resilience than a similar group who attended art appreciation classes. Many assisted living facilities offer art therapy or similar programs to residents, and enrolling in such programs can promote social interaction and provide numerous benefits to men and women over 65.

Assisted living facilities offer an array of programs designed to help residents develop rewarding hobbies that can benefit their long-term health.



115 N. Mill St., Lake Mills • 641-592-2888



Winnebago County Public Health

Public Health www.winnebagocountyiowa.gov

Providing skilled nursing, flu shots, home care aid, & housekeeping services. Medicare & Medicaid certified.

Let us help you or your loved one today.



216 South 4th Street, Forest City, IA

641-585-4763

MERCYONE.

505 S. 1st Ave. E., Lake Mills • 641-592-3900 635 E. Hwy. 9, Forest City • 641-585-2904 115 N. Main, Buffalo Center • 641-562-2424



88 8th Street N.

641-324-2141 **DAVE OSBORNE**, Agent

Lori Bergo & Rebecca Houg www.savewithdave.biz

MASON CITY CLINIC

SPECIALISTS WORKING TOGETHER FOR YOUR HEALTH.

CHAD BOYER, PA-C **Orthopaedics**

Mason City and Lake Mills

641-494-5210 • www.mcclinic.com

J.W. Welsh, D.C.

Serving the area for 35 years

WELSH CHIROPRACTIC CLINIC, P.C.

• Chiropractic Care • Class IV Laser Therapy

• Sports Physicals • Digital X-Rays

Call 641-324-1626 for your appointment today.

104 Fourth St. S., Northwood, IA



"Here to help life go right." Northwood, IA 50459-1446

dave@savewithdave.biz



Time 250 S. Crescent Drive, Suite 100, Mason City, IA

1-888-927-2549

www.hearingassociatesmc.com

JOIN TODAY & GET FIT NOW! LAKE MILLS FAMILY FITNESS CENTER

PO Box 144 712 North Lake Street

Lake Mills, IA 641-592-7285







 Ongoing Activity and Wellness Program • Three Delicious Meals Served Daily

• Elevator to Medical Clinic and Pharmacy

635 Hwy. 9 East Phone: 641-585-1555

www.forestplaza.biz

Forest City, IA 50436 Like us on Facebook and women who are vulnerable to osteoporosis. A 2014 study from researchers in Italy found that exposure to sunlight can help older adults get adequate amounts of vitamin D. Signing up for a gardening club can be a great way for seniors to get some exercise, enjoy time outside the assisted living facility

cilities extend to places that provide

other services. Here's a look at the

Independent living facilities may

provide assistance only when need-

ed. Amenities are designed to make

things easier and more convenient

for residents. Fitness centers, pools,

dining venues, and transportation

may be included. These facilities

tend to provide the most indepen-

dent form of senior living. Some

independent living facilities are

part of larger continuing care retire-

ment communities that have staged

care that goes from independent to

provide 24-hour supervision, meals,

healthcare services, and other forms

of assistance in a home-like setting.

Types of services include laundry,

housekeeping, medication disper-

homes provide care for those who

cannot care for themselves at home

or in the community. These facili-

ties offer many services all under

one roof, like rehabilitative ser-

vices, meals, activities, and around-

the-clock care. Some skilled nursing

homes offer temporary care after an

injury or illness and are used in lieu

planning for elder care that may in-

clude long-term care possibilities.

Individuals are urged to work with

an elder care lawyer to help navi-

gate the complexities of planning

for medical care and their potential

financial needs.

It is never too early to begin

of an extended hospital stay.

• Skilled nursing homes: Nursing

Assisted living: These homes

• Independent senior living:

Choices for long-term care

Being able to care for oneself as strictly nursing homes, but fa-

care facilities.

skilled nursing.

sal, and dressing.

Five Important Things to Remember **About Assisted Living** and Aging

We're living longer

By 2040, it's estimated that there will be 14.1 million people over 85.

Where my girls at?

Assisted Living Federation of America has estimated that the female to male ratio in assisted living communities is 7:1.

Growing older is expensive

One in five seniors racks up more than \$25,000 in care costs in a given year.

It's never too late to start exercising

Research has found that beginning to exercise at 75 or even 80 can help to reduce unwanted effects of aging.

Most of us will need long-term care

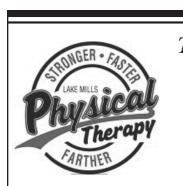
Almost 70 percent of Americans will end up needing long-term care in their life.

DID YOU KNOW?

Newspaper advertising reminds people of your local business. It also supports the local economy. Repeated advertising builds company identity and also creates awareness.

Call LORETTA KRAHLING at 641-590-0705

and let her visit with you about your advertising needs today!



The Road to Recovery Starts Here.

115 North Mill Street Lake Mills, IA 50450 Phone: 641-592-3500 Fax: 641-592-3502

brian.budach@lakemillspt.com www.lakemillspt.com

Redinger

"More than a drug store."

219 W. Main, Lake Mills • 641-592-0141 Hours: M-F 8 a.m.-5:30 p.m., Sat. 8:30 a.m.-2 p.m.

NORTHWOOD CHIROPRACTIC, PC DR. SAWYER SCHULZ, D.C.

Chiropractic Services
 DOT Physicals
 Sports Physicals



• Massage Therapy • Muscle Therapy Make your appointment today. Walk-Ins Welcome.



Looking to hire

PRODUCTION WORKERS

Starting pay is \$16.50. Benefits include: Life and health insurance, AFLAC, simple IRA, HSA, vacation, sick leave, and bonus program.

Apply in person at 880 N. LAKE ST., LAKE MILLS, IA Interview the same day Questions call (641) 592-3333

WINN. Co. **S**UPERVISORS **M**INUTES

The Winnebago County Board of Supervisors met in session at 8:30 A.M. August 23, 2022 adjourned from August 16, 2022.

Supervisors Present: Jensvold, and Smith Absent:

The meeting is held today via You Γube and a conference call.

On a motion by Jensvold and seconded by Durby the Supervisors moved to approve the minutes for the August 16, 2022 Board Meeting and approve the Agenda for August 23, 2022. All voted aye. Motion carried.

On a motion by Durby and seconded by Jensvold the Supervisors moved to approve the engagement agreement with Jason Comisky, Ahlers and Cooney, PC. All voted aye. Motion car-

Karla Weiss, Auditor discussed what needs to be done to get the EMS Public Measure on the ballot for the November 8, 2022 General Election. On a motion by Durby and seconded

by Jensvold the Supervisors moved to open the Public Hearing for the Master Matrix for Iowa Cage Free, LLP. All voted aye. Motion carried. Present at the meeting was Supervisors Durby, Jensvold and Smith, Auditor Karla Weiss, Scott Meinders, County Engineer, Josh Warkentin, A.J. Taylor, Robert Schwartz, Conservation, and Craig Rowles.

There was discussion regarding the project. There was no public comment. On a motion by Durby and seconded by Jensvold the Supervisors moved to close the Public Hearing. All voted aye. Motion carried. On a motion by Durby and seconded by Jensvold the Supervisors moved to approve the Master Matrix for Iowa Cage Free, LLP. All voted aye. Motion carried.

Scott Meinders, Engineer discussed Secondary Road matters including bridge work and discussed the disrepair of the Forest City Shop and wanting to replace it with a new building. The Supervisors discussed its location and possible locations for a new build-

Kris Oswald, Drainage Clerk discussed drainage district matters.

On a motion by Smith and seconded by Durby the Supervisors moved to approve the petition to add an observation intake to DD 43 Lat 2. All voted aye. Motion carried.

On a motion by Smith and seconded by Jensvold the Supervisors moved to approve the addition of outlet tiles to the main ditch on DD 3. All voted aye. Motion carried. There was discussion regarding

the Public Health building. During the meeting with Gary Anderson, new information was brought up regarding the Methodist parking lot. We will table this discussion until next week.

There was an American Rescue Plan Act committee meeting. There were many ideas brought up including trail resurfacing, new secondary road building, HVAC in the courthouse, drinking fountain in the courthouse, water and sewer assistance for people who build a house in rural areas of the County. On a motion by Durby and seconded by Jensvold the Supervisors moved to approve the purchase of a drinking fountain for the courthouse and \$8,000 water and sewer assistance for home builders in rural areas with details to be decided. All voted aye. Motion carried.

The following Manure Management plans were received by the Auditor's office: Albertson West Site #64712 and Albertson East Site #64709, in

Winnebago County, Iowa. The session was adjourned until

9:00 A.M. August 30, 2022. Susan Smith, Chairperson

Karla Weiss, Auditor Published in the Lake Mills Graphic, Wednesday, September 7, 2022.

Notice of Hearing by Publication MINOR NAME CHANGE

Notice of Hearing by Publication Minor Name Change Minn. Stat. 259.10 State of Minnesota **District Court**

Third Judicial District County of Freeborn Court File No. 24-CV-22-1162

In the Matter of the Application of: BETHANY SARAH JENSEN On Behalf of:

ASTRID SKYE ROBINS-PRIESTLEY For a Change of Name to: ASTRID SKYE JENSEN

SHEPPERD LAWRENCE ROBINS-PRIESTLEY LAKE MILLS, IOWA

An Application for Name Change has been filed by Bethany Sarah Jensen for a change of name for the minor child(ren) Astrid Skye Robins-Priestley to Astrid Skye Jensen. A

hearing on this Application will be held at Freeborn County Courthouse, 411 South Broadway, Freeborn, Minn., on October 3, 2022, at 10:15

Hearing will be held remotely; you can obtain a copy of the remote hearing notice at the Freeborn County Courthouse.

You may obtain a copy of the Application for Name Change from Freeborn County Court Administration, 411 South Broadway, Freeborn,

If you do not appear at the scheduled hearing, the Petitioner's Application for a Name Change for the minor child(ren) may be granted. Dated August 26, 2022.

Rebecca S. Mittag Court Administrator Published in the Lake Mills Graphic, Wednesday, September 7, 14 and 21,

Public Notice -

CENTRAL DISPOSAL SYSTEMS

MUNICIPAL SOLID WASTE SANITARY LANDFILL PUBLIC NOTICE **Public Notice Number:**

95-SDP-01-72-5Notice Date: 9/2/2022 The Iowa Department of Natural

Resources (DNR) has made a preliminary determination to approve renewal and cell construction from the Central Disposal Systems, Inc. for the Central Disposal Landfill and which is authorized to accept municipal solid waste from households and businesses from the following service area: The cities of Britt, Crystal Lake, Kanawha, and Woden, in Hancock County; the cities of Lake Mills, Leland, Rake, Scarville, and Thompson, and the unincorporated areas of Winnebago County; the city of Fertile, and the unincorporated areas in Worth County, Waste Management of Southern Minnesota and Waste Management of Iowa Department of Natural

Resources staff contact: Michael W. Smith Iowa Department of Natural Resources Land Quality Bureau 502 E 9th St Des Moines IA 50319-0034 Phone: 515-229-8356 Fax: 515-725-8202 copy of the full notice, with

instructions for submitting written comments or to request a public hearing, is available for review on the DNR's Web site at https:// www.iowadnr.gov/Environmental-Protection/Land-Quality/Solid-Waste/Solid-Waste-Public-Notices and

will be mailed to an interested person upon request to the DNR staff contact. Published in the Lake Mills Graphic, Wednesday, August 31, September 7, 14 and 21 2022.

Public Notice - Winnebago County

NOTICE OF ACTION OF THE BOARD OF SUPERVISORS OF THE COUNTY OF WINNEBAGO, STATE OF IOWA, ON THE MATTER OF SUBMITTING THE

QUESTION OF ADOPTING A LEVY AND IMPOSING A VOTER-APPROVED EMERGENCY MEDICAL SERVICES PROPERTY

TAX AND LOCAL OPTION INCOME SURTAX PURSUANT TO IOWA CODE CHAPTER 422D

Public Notice is hereby given that the Board of Supervisors of Winnebago County, State of Iowa, at its special meeting on the 30th day of August, 2022, at 9:00 a.m., in the Winnebago County Courthouse, Board of Supervisors Office, 126 S. Clark St., Forest City, Iowa, took action to call a special election submitting the question of adopting a levy and imposing a voter-approved emergency medical services property tax and local option income surtax pursuant to Iowa Code Chapter 422D.

The election on the question levying the above tax is scheduled for the special election on November 8, 2022. The proposition to be voted on at the election will include the following in-

Type of Tax: Ad valorem property tax and local option income surtax

Rate of Tax: Not to exceed Seventy-Five Cents (\$0.75) per One Thousand Dollars (\$1,000) of assessed valuation of all taxable property within the county and a local option income surtax of not to exceed one percent (1.0%) on the state individual income tax at each individual residing in the county at the end of the individual's applicable tax

Polling hours for said election shall be in accordance with the Notice of Election to be published by the Commissioner of Elections.

This Notice is given by order of the Board of Supervisors of County of Winnebago, State of Iowa, as provided by Section 442D.1(3) of the Code of

Dated at Forest City, Iowa, this 30th day of August, 2022.

Karla Weiss (signed) County Auditor, County of Winnebago, State of Iowa Published in the Lake Mills Graphic, Wednesday, September 7, 2022.

Weekly Issues of the

LAKE MILLS GRAPHIC

<u>are available at</u>

Don's Motor Mart, Redinger Pharmacy, David's Marketplace, Casey's, Hometown Market (Thompson), Lair's 66 (Emmons), Kum and Go (Diamond Jo Casino),

Kwik Star (Forest City)

7........

Roll Ends of Newsprint

available at the

Lake Mills Graphic

HELP WANTED

HEALTH CARE: Hiring Direct Care. Make A Difference

Helping Others. Consider a Job Shadow. Forest Plaza Assisted Living, 635 Hwy. 9, Forest City, IA. Email: rick@ forestplaza.biz or call 641-585-1555.

EDUCATION

Waldorf University is a private, liberal arts university located in Forest City, Iowa offering students an immersive education experience. With small class sizes and diverse opportunities, Waldorf University students have the resources needed to explore their passions and fine-tune their future. Request more information by visiting www. Waldorf.edu. 36-39c

HAWKEYE

Contact: Col. Bruce Helgeson 641-592-2754

SATURDAY, SEPT. 17, 9:30 A.M.-Duane "Snookie" Book Estate, Fertile. Tools, boat. pick-up, lots of scrap iron.

If you're looking for a house or would like to sellcontact AgLand Depot-We have listings & buyers

INCN ADS

MISCELLANEOUS

GENERAC Standby Generators provide backup power during utility power outages, so your home and family stay safe and comfortable. Prepare now. Free 7-year extended tfn warranty (\$695 value!). Request a free quote today! Call for additional terms and conditions. 1-855-954-5087

> Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-913-1560



If it's listing your Farmland, Residential, or Commercial Real Estate,

Listing with AgLand Depot. (where your business is appreciated)

We've been listing & selling real estate for many years.

Consider Your Next

Contact Bruce or Dennis 706 E. Main St. Lake Mills, IA 641-592-4403

Let's tackle Chlamydia Kick off this fall by making a game plan to get tested for STIs

Chlamydia is a common & curable sexually transmitted infection (STI). Many people experience no symptoms. If you are sexually active, make STI testing

part of your regular health routine. Find a testing location near you: gettested.cdc.gov



Public Health





mad city 877-990-0707

www.MadCityPro.com

MAKE A DIFFERENCE HELPING OTHERS

NOW HIRING!



Call Rick today 641-585-1555 Email: rick@forestplaza.biz Or apply online at indeed.com



Good Samaritan Society - Forest City is now hiring

Certified Nursing Assistants!

Join our growing team and help provide quality care to our expanding facility.

To apply or learn more, please visit www.sanfordcareers.com, search "Forest City, IA".

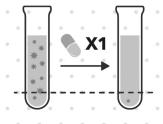
\$1,500 SIGN-ON BONUS! Multiple Shifts Available!





We can stop HIV, Iowa.

A person living with HIV can take as little as one pill a day to help them achieve what's called an undetectable viral load.



When a person's viral load is undetectable. it protects their overall health. It also prevents HIV from passing to sexual partners!

Undetectable = Untransmittable





IOWA

STOP

HIV



24 Months No Payments & No Interest! **\$250**

HALF-OFF LABOR on a new bath or shower!

with purchase!

CALL TODAY! BBB ACCREDITED BUSINESS mad city 877-990-0707

www.MadCityPro.com

Professional Business Directory



• Three Nutritious Meals Served Every Day • Elevator to MercyOne F.C. and Miller Rx

• Ongoing Wellness & Activity Programs.

635 Hwy. 9 East Forest City, IA 50436

Phone: 641-585-1555 Like us on Facebook www.forestplaza.biz

DR. SCOTT BOSACKER DDS For All Your Dental Needs ${\mathcal S}_{\mathsf{ENSIBLE}}$ dental we welcome new patients! Monday 8am-8pm • Tuesday 8am-5pm Wednesday 8am-5pm • Friday 8am-5pm Monday Evenings • Some Saturdays • Emergency Appts www.LakeMillsDentist.com

206 E Main St Lake Mills

641-592-1100

Volleyball season off to a great start

Courthouse News

LAND TRANSFERS

Kayla Moe, aka Kayla Perez to Catarino Martinez Gonzalez and Heather Keech, a tract of land in section 34, Mt. Valley Township.

Harlan Thorvilson Estate, Claudia Thorvilson executor, to Claudia Thorvilson, an undivided 1/2 interest in a tract of land in section 23, Center Township.

Brian Throne and Debra Throne to Tiffany Vanderbusch and Orlandis Omega Sanders, lot 2 block 1, Irving Place Addition, Lake Mills, section 2, Center Township.

Brandon and Cheyanne Smith to Melissa Albertson, lot 8, block 94, Forest City.

Lucille Carlson to BLS LLC, lot 2, Berglands 1st Addition, Lake Mills.

Linda Gangsei, Kathryn Wren attorney-in-fact to Steve Shortenhaus, lots 1, 2 and 3, block 7. Buffalo Center.

Carol Pederson to Steven Pederson, lots 5 and 6, block 9, CD Smiths Addition, Lake Mills.

Larry Aukes and Debra Aukes to Larry Aukes RevTr and Debra Aukes RevTr, lots 2 and 3, Thompson, section 27, King Township, and a tract of land in section 29, Lincoln Township.

Lynnae Boortmann to Jamie Price, lots 16, 17 and 18, block 54, Buffalo Center. Christina Grothe to David

Peterson LE, Mary Peterson LE, Kristopher Peterson and Megan Ritter, lot 7, Lake Mills, section 2, Center Township.

Brent Butler and Jennifer Butler to Logan Swearingen, lots 11, 12, 13, 14 and 15, block 28, Thompson.

Uptown Fitness LLC to Benanna Stene LLC, lot 17, Lake Mills, section 2, Center Township.

Heather Butler to Brent Butler, lots, 11, 2, 13, 14 and 15, block 28, Thompson.

NOTICE

WATER SYSTEM FLUSHING

THE LAKE MILLS WATER DEPARTMENT WILL

BE FLUSHING THE CITY'S WATER SYSTEM

FOR 2 WEEKS BEGINNING

SEPT. 12 thru SEPT. 24

FOR ALL AREAS OF THE TOWN

The water may be discolored in some areas for a pe-

riod of time once the mains have been flushed but it is

safe to drink. Water utility customers are advised to re-

frain from doing laundry during this period since the dis-

The periodic flushing of water systems is performed to

The Lake Mills Department of Public Works would like

to thank its customers in advance for their cooperation

and regrets any inconvenience. If you have any ques-

CITY OF LAKE MILLS

DEPARTMENT OF PUBLIC WORKS

ensure high quality water and to test the fire protection

colored water may stain clothing.

tions, please call 592-2441.

Great night for Bulldog offense

BY TYLER CARDARELLA-GASPER LAKE MILLS GRAPHIC

The LMHS football team took the field late in the evening against the Central Springs Panthers last Friday, Sept. 2, in their second game of the 2022 season.

The Panthers seized an early lead, outscoring the Bulldogs in both the first and second quarters, and Lake Mills was trailing 16-27 as the game went into halftime.

After a long delay due to lightning, the Panthers would score twice more in the third quarter to extend their lead 16-41. The Bulldogs would put mighty effort into overcoming the deficit in the fourth quarter, scoring two touchdowns to narrow the gap, but were ultimately unable to overcome, and so were defeated 30-41.

Head Coach Bill Byrnes noted that the Bulldogs had a good night on offense, but still ended up struggling on defense.

"Our alignments have to get better, and we need to get stops," said Coach Byrnes. "In the second half the game was much more a back and forth battle, but once again, defensively we have to be able to get their offense off the field."

The Bulldog offense had a great night on the ground, with a total of 366 yards as a team as the offensive line did an excellent job of creating opportunities for Lake Mills' runningbacks.

Beau Kaufman led the team in rushing yards, with 140 yards and two touchdowns off of 26 carries. Brady Hanson had five carries for a total of 90 yards and one touchdown, while Alex Mannes ran for a total of 41 yards and one touchdown off of 10 carries. Hayden Helgeson went 2-4 on pass attempts at the quarterback position, with two short completions for a total of two yards through the air.

On defense, it was Helgeson that led the Bulldogs in stops, getting 6.5 tackles during the game. Kaufman was close behind with six tackles, while Jerry Jensen and Wyatt Hanna had four tackles and two tackles, re-

With this loss to Central Springs, Lake Mills' overall season record currently stands at 0-2.



JOSIE HELGESON

Strong showing for cross country team

BY TYLER CARDARELLA-GASPER LAKE MILLS GRAPHIC

The LMHS cross country teams put had a strong showing at their first meet of the 2022 season last Tuesday, Aug. 30, with the boys'team taking fifth place overall (133 points) while the girls team took ninth place (238

"Great things were shown tonight and I am very excited for our future," said Head Coach Beth VanRoekel regarding the Newman meet. "There were a lot of bigger schools here today and we stayed competitive. It was a very difficult course to run, so I'm looking forward to future races to see how our teams will do."

On the boys team, Justin Rygh medaled and secured a fourth place finish after finishing the course with a time of 18:15.3.

Knute Rogne took ninth place with a time of 19:49.6.

Coach VanRoekel noted that among the top five finishers on the Bulldogs, four of them were underclassmen, and seeing times like this from such a young team has her looking forward to what the team will accomplish in the

Josie Helgeson was the top finisher for the Bulldog girls, finishing the race with a time of 24:25.0 to take 20th place. The girls team was able to field five runners at the meet, which meant they got a team score for the first time in years.

BY TYLER CARDARELLA-GASPER LAKE MILLS GRAPHIC

Belmond-Klemme

The Bulldogs swept the Broncos 3-0 in their second volleyball match of the 2022 season last Tuesday, Aug. 30. The first two sets were somewhat close, with the Bulldogs triumphing 25-16 and 25-19. Lake Mills closed out the final set of the match much more decisively, defeating the Broncos 25-11 in a set that ended with a stunning block by Ava Moen to win the match.

Though the Bulldogs ultimately won the match, Head Coach Jim Boehmer noted that the team's serve-receive game was "inconsis-

"It was a horrible serving night," said Coach Boehmer. "We missed 11 serves as a team, and we gave our opponents 11 free points. Nearly one in four points scored by Belmond tonight was because of a missed serve."

On offense, Ellie Hanna led the team in kills, racking up a total of 18 during the match. Ella Stene got nine kills against the Broncos, and both her and Hanna hit over .400 that night. Dottie Byars got eight kills, while Ava Moen and Karli Helgeson had five and two kills, respectively.

Helgeson had "another solid night," as Coach Boehmer put it, running the Bulldogs' offense, with 31 assists during the match. Coach Boehmer went on to say that Helgeson's work ethic and desire for improvement has been a "big bright spot" as a coach.

On the serve, Hanna went 14-15 with two aces and was the most consistent at the service line for the Bulldogs in the match. Helgeson led the team in aces, with three total, while Taylor Vanek got two aces.

As a team, the Bulldogs got 12 blocks during the match, with Hanna leading the team in that category with a total of four. Finley Rogstad blocked three shots from the Broncos, while Ava Moen had two blocks, including the one in set three that ended the match. Natalie Brandenburg and Taylor Vanek led the team in digs, each of them getting seven, while Brynn Rognes was just behind them, recording a total of five digs.

Bishop-Garrigan

The LMHS volleyball team



Jim Boehmer said he was proud of the team's emotion and energy against a tough opponent.

"I thought we played very well tonight in nearly every phase of the game," said Coach Boehmer. "I always know this is a big match. It never matters what the situation is, you have to be prepared to play with the Golden Bears."

The Bulldogs offense racked up a total of 34 kills against the Golden Bears, with Ellie Hanna once again leading in that category, recording 11 during the match. Ella Stene racked up nine kills during the game, while Dottie Byars had

Karli Helgeson once again had 31 assists in the match as she continues to run the Bulldog offense. Coach Boehmer noted that Helgeson gets her hitters to "run fast" and that she "moves the ball around well."

"We are starting to become a pinto-pin team. We have to keep working to read opposing blockers and we can add another element to our

The team also had a much better faced off across the net against the night at the service line, with only to be able to compete with bigger Bishop-Garrigan Golden Bears last five missed serves, as opposed to Thursday, Sept. 3, and took all three the 11 they recorded in Tuesday's sets (25-17, 25-12, 25-15) to deci- match. Helgeson went 13-14 on the of the Lake Mills Graphic. sively win the match. Head Coach serve with three aces, while Taylor

Vanek, Natalie Brandenburg, and Finley Rogstad each served at 100 percent against Bishop-Garrigan.

On defense, the Bulldogs recorded a total of 22 digs, with Brynn Rognes and Rogstad leading the team in that category, with five each. Vanek recorded four digs during the match, while Brandenburg

Coach Boehmer commented that with these four on the floor, the Bulldogs have been very good at extending plays and put together a solid defense. The Bulldogs also had a number of timely blocks during the match that forced the Golden Bears to hit around them or tip, and Coach Boehmer noted that the team provided very few holes in the de-

fense for their opponents. Lake Mills also traveled to compete in the Algona Tournament Saturday, Sept. 3, with Coach Boehmer saying ahead of the match that the tournament would be "more than just a test" for the Bulldogs.

"It will be a gauntlet with five 3A teams and one of them rated number four," said Boehmer. "I want us schools so that will be our chance."

Results will be in the next issue

North Iowa – Southern Minnesota Radio



TODAY'S SOFT ROCK News, Information, Contests & Fun

18643 360th Street • Box 308 • Forest City, IA 50436 641-585-1073 · www.kiow.com · kiow@kiow.com

CITY-WIDE Fall CLEANUP 2022 NOTICE TO RESIDENTS

All items that you would like to dispose of can be brought to the disposal site, west of the Creamery, on the following date:

ONE DAY ONLY

7 A.M UNTIL FULL, SATURDAY, SEPTEMBER 10, 2022

Please do not bring recyclable items to the disposal site.

We will NOT be accepting the following items: appliances, brown goods (electronics), tires, or hazardous materials.

Leaves and brush may also be brought to the disposal site, if the gate is locked you MUST wait until the next working day to unload. NO EX-CEPTIONS. Please take your leaf bags or containers with you.

Fall Cleanup is for garbage-paying Lake Mills residents only!

LAKE MILLS FIRST ANNUAL HALLOWEEN DECORATING CONTEST

Participation is open to all residents within the boundaries of the City of Lake Mills. Entry is free; no cost or fees apply. Contest is for EXTERIOR DECORATIONS ONLY, including decorations in windows that are visible from the exterior. Judging will be done from outside the residence and will be based on "curb appeal" as viewed from the street only. Therefore only those decorations located on the street side of the property will be judged (corner lots can be judged from both streets). Displays must be appropriate and familyfriendly. Any displays that are overly scary, gruesome, or gory will be subject to disqualification.

ſ	Name
	Address
	Phone
	What Time of Day is Your Display Best Visible?DayNight
	Will Your Display Frighten Children? Yes
	No
	Possibly
	I understand that my display must be completed by 5:00 pm on Saturday, October 15, in order to be officially entered into the competition. I also understand that the planning committee has the authority to disqualify my entry if it does not meet the requirements listed on this form, or for any other valid reason. Furthermore, I agree to allow photographs and videos of my display, and for my address and name, to be published by the LMCDC and the Lake

Mills Graphic for promotional purposes.

ENTRY APPLICATIONS MUST BE RECEIVED NO LATER THAN NOON, FRIDAY, OCT. 7. Displays must be up by 5:00 pm on Saturday, Oct. 15. REGISTRATIONS DUE Oct. 7 @ 12 PM

Registration details & form available online: https://forms.gle/EGFznZLGoezMqBrC6

Or fill out this form and drop off at the LMCDC office.

Voting will be open Oct. 15 at 6:30 pm through Oct. 27 at 11:59 pm.

Displays must be up at the start, and through the entirety, of the voting period, and are encouraged to display decorations

through Halloween. Winners will be published in the Lake Mills Graphic, Nov. 3. Top 3 displays will receive

LM Bucks prizes!

1st place: \$250 2nd place: \$150 3rd place: \$100

